

Superhero Cape + Mask

By Joanna Marsh



If you're looking for a fun project to sew for your little ones, this is it! Make a superhero set for each kiddo in your life with their favorite colors and they'll be having a blast at play time in no time! Practice your appliqué skills with a simple blanket stitch with the Horizon Memory Craft 9400QCP and let your imagination run wild with other projects you can tackle.

Skill Level: Confident Beginner

Sewing Time: 4-6 hours

Finished Size: Cape 22" long (from shoulder) x 28" wide. Mask 8 1/2" W x 4 1/2" H

Janome Supplies Required:

- HMC9400QCP
- Standard Foot A
- Foot F
- Red Tip Needle
- Pre-wound bobbin
- Empty Bobbin

Supplies + Fabric Required:

- Pattern pieces, all printed at 100%: Cape pattern piece, Shield pattern piece, Accent pattern piece (star/lightning bolt), Mask Pattern piece
- 1 yd Flannel backed satin (Fabric A-Red) sub cut into:
 - (1) Cape pattern piece on the fold (See photo on right.)
- 1 yd solid blue quilting cotton (Fabric B-Blue) sub cut into:
 - (1) Cape pattern piece on the fold
- 1 Fat quarter quilting cotton (Fabric C-Yellow) sub cut into:
 - (2) Full Shield pattern piece on the fold
- 1 9" x 12" sheet of yellow felt (Fabric D) sub cut into:
 - (1) Full mask pattern piece on the fold
- 1 9" x 12" sheet of red felt (Fabric E) sub cut into:
 - (1) mask accent pattern piece on the fold
 - (1) accent shape (star or lightning bolt)
- 1 yd Heat N Bond Lite sub cut into:
 - (1) small shield pattern on the fold
 - (1) mask accent piece on the fold
 - (1) accent piece (star or lightning bolt)
- 1 yd elastic 1/4" wide sub cut into
 - (1) 9.5" piece
- 1 package hook and loop tape sub cut into:
 - (1) 4" piece
- Coordinating thread for blanket stitch
- Contrasting thread for topstitching
- Iron and pressing mat
- Binding Clips/pins
- Rotary cutter/ruler/mat
- Basting pins or basting spray
- Purple thing/turning tool for turning corners



Making The Cape

General Instructions:

RST-Right sides together, RSD-Right Side Down, RSU-Right Side Up, WOF-Width of fabric, all seam allowances are 1/4" unless otherwise specified.

Print the Pattern:

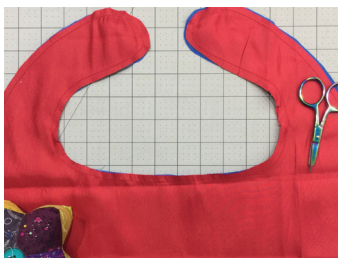
Pattern pieces start on page 6. Print out the pattern pieces at actual size, or 100%. Cut out the pattern pieces and assemble the pattern pieces by matching the marks (A1-A2 marks on page A1 will line up with A1-A2 marks on page A2, and so on). Match the triangles on the edges and tape together.

Make the Cape:

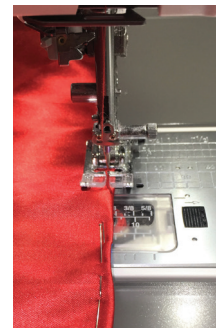
1. Place the two cape pieces (one from Fabric A and one from Fabric B) RST and line up all the edges. Pin in place. Sew around the entire perimeter with a 1/4" seam allowance, with the exception of 6" along the bottom straight edge of the cape (leave open for turning). Sew slowly around the curves and lift the presser foot if needed to adjust the fabric under the sewing foot. Use standard Foot A and select stitch #1 from the utility menu (startup screen).



2. Trim corner points, being careful not to clip into the stitching. Clip the curved edges of the cape, also being careful not to clip into the stitching.



3. Turn RSO through the 6" opening and push corners out with a blunt turning tool. Press the seams from the cotton side of the fabric (Fabric B) with an iron on a low heat setting. Press the 6" opening edges inward towards the center of the cape and pin closed.

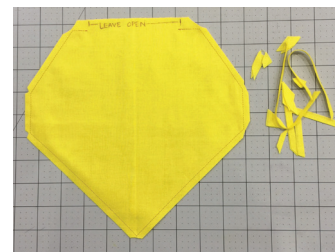


Topstitch around the edges of the cape, being sure to catch the folded edge of the opening to sew it shut.

4. Place the two shield pieces from Fabric C RST and pin in place. Sew together with a 1/2" seam allowance. Leave 4" on the top straight edge open.

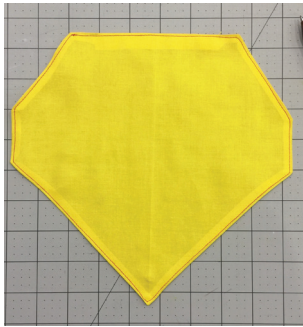


Trim the corners and cut the seam allowance back to 1/4", except for the opening, which you'll leave at a full 1/2" seam allowance.

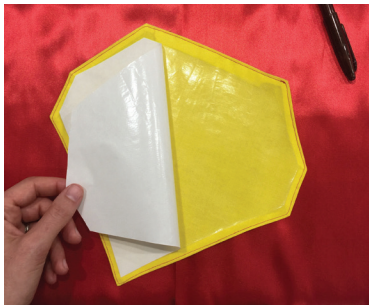


Making The Cape cont.

5. Turn RSO and press the opening in towards the seam allowance. Pin in place and topstitch around the perimeter of the shield with contrasting thread.



6. Using the inner template from the shield pattern piece, cut a piece of Heat N Bond Lite. The piece of Heat N Bond Lite will be slightly smaller than the finished shield piece. Center the Heat N Bond Lite on one side of the shield.



Apply the Heat N Bond, following the manufacturer's instructions.

7. Fold the cape in half, lengthwise, and press to give a center guideline. Measure 5" from the top of the cape and mark with a frixion pen or other disappearing fabric marker.

8. Pull the paper backing off the shield back and place the top straight edge of the shield on the 5" mark, centered on the back of the cape, using the pressing line as a guide. Make sure the adhesive side is down on the cape.

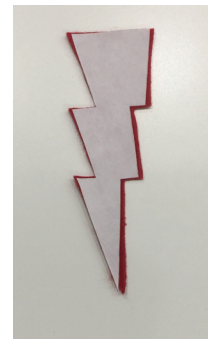
Finish the Heat N Bond application.



Secure the shield with another row of topstitching, about 1/8" away from the first line of topstitching.



9. Select the star or the lightning bolt to accent your cape with and cut the shape from a contrasting felt color. Apply the Heat N Bond to the back of the shape.

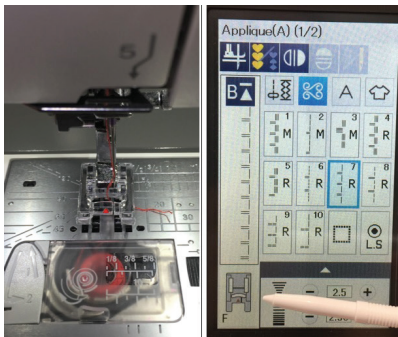


Making The Cape cont.

Peel the paper backing from the accent shape and place the shape as desired on the shield.



Finish the application of the Heat N Bond. Change the sewing foot to Foot F and select stitch #7 (blanket stitch) from the Appliqué menu.



Sew a blanket stitch around the shape, slowing down to approach corners. When you reach a corner, lift the presser foot and adjust the fabric as needed with the needle in the down position. Lower the presser foot and continue stitching, until the entire perimeter of the shape is secured.



10. Take the hook and loop tape and separate the pieces. Transfer the hook and loop tape markings from the cape pattern piece to the neck pieces of the cape—one on the satin side and the other on the remaining neck piece on the underside of the fabric. Place the hook side RSU on the satin side of the fabric and stitch around the perimeter, using stitch #1 from the utility menu and standard Foot A.



Place the loop tape RSU on the opposite neck piece, but place it on the underside of the cape, or the blue fabric, in this case, and stitch around the perimeter. Backstitch at start and stop to secure your stitches.



Making The Mask

Make the Mask:

1. Cut one full mask pattern piece from yellow felt on the fold



and cut one accent mask piece from the contrasting red felt on the fold, and one from the Heat and Bond Lite. Cut eye holes out. Apply the Heat and Bond Lite to the back of the accent mask piece of red felt.



Remove the paper backing from the accent piece and place on top of the yellow felt mask, lining up the eye holes. Finish the Heat and Bond application, following the manufacturer's instructions.

2. Secure the accent piece to the front of the mask with the same blanket stitch used in step #9, from constructing the cape. Stitch around the accent piece and also stitch the inside of the eyes.



3. Mark the elastic placement on the sides of the mask and place one end of the elastic with the cut edge about 1/2" inside the edge of the mask. Change the sewing foot to standard Foot A (and stitch #1 from the utility menu) and sew two lines of stitching (or sew a box) around the end of the elastic to secure it. Backstitch at start and stop to secure your stitches. Use a coordinating thread that blends in with the mask front for this step.



4. Place the other end of the elastic on the opposite side of the mask edge,



making sure you don't twist the elastic, and repeat step #3 to finish the mask.



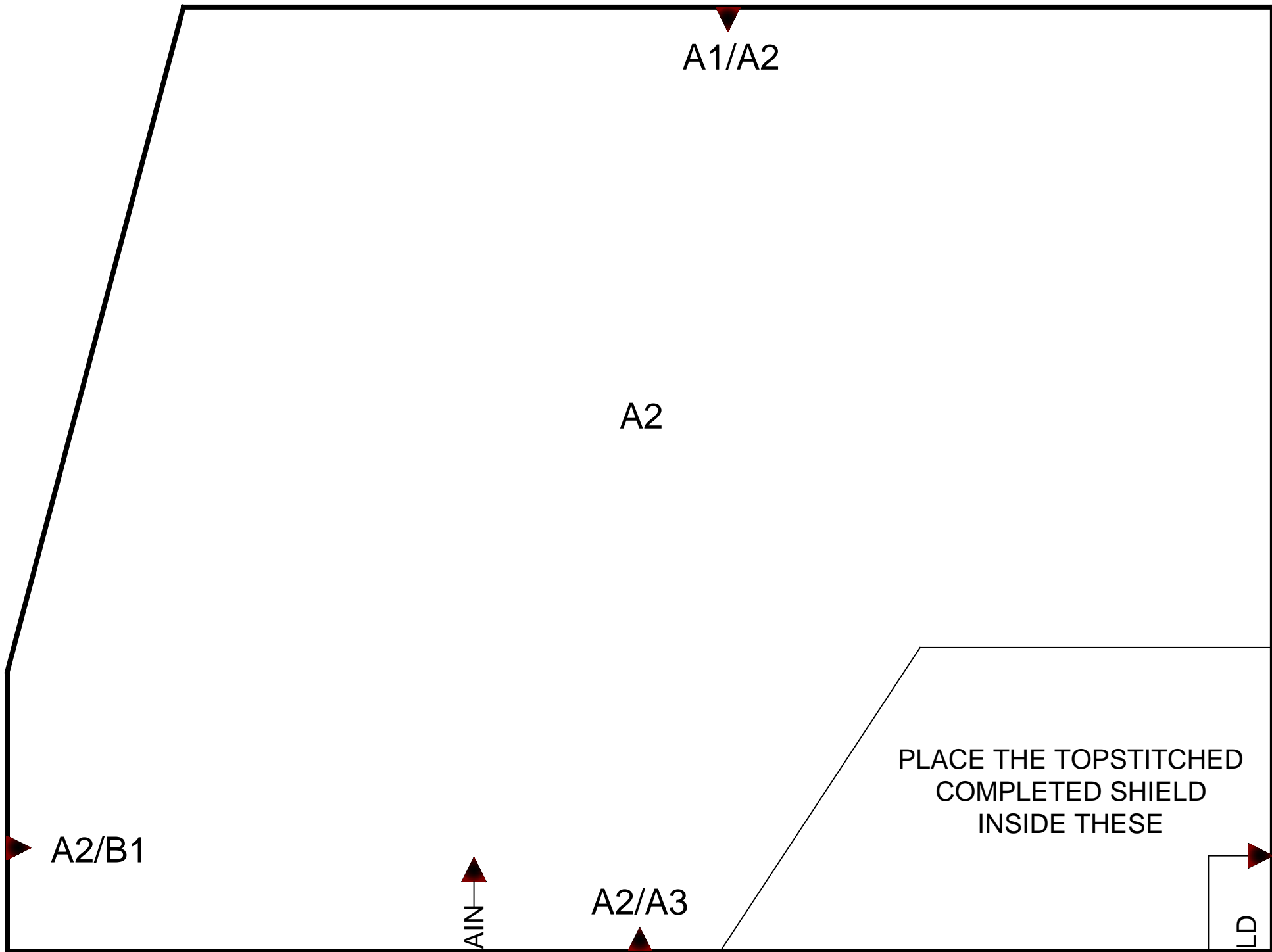
You're finished!

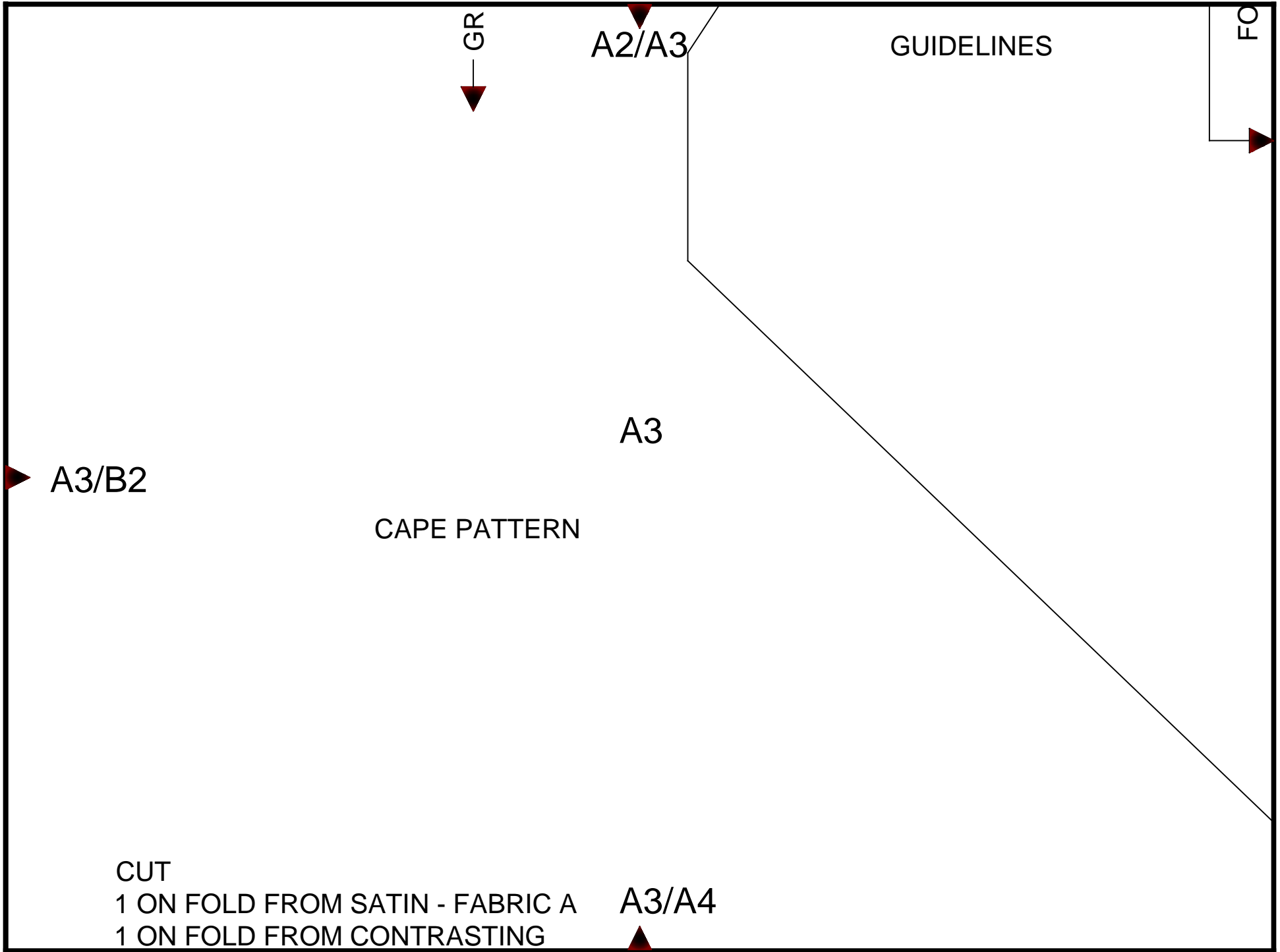
HOOK & LOOP PLACEMENT

A1

A1/A2





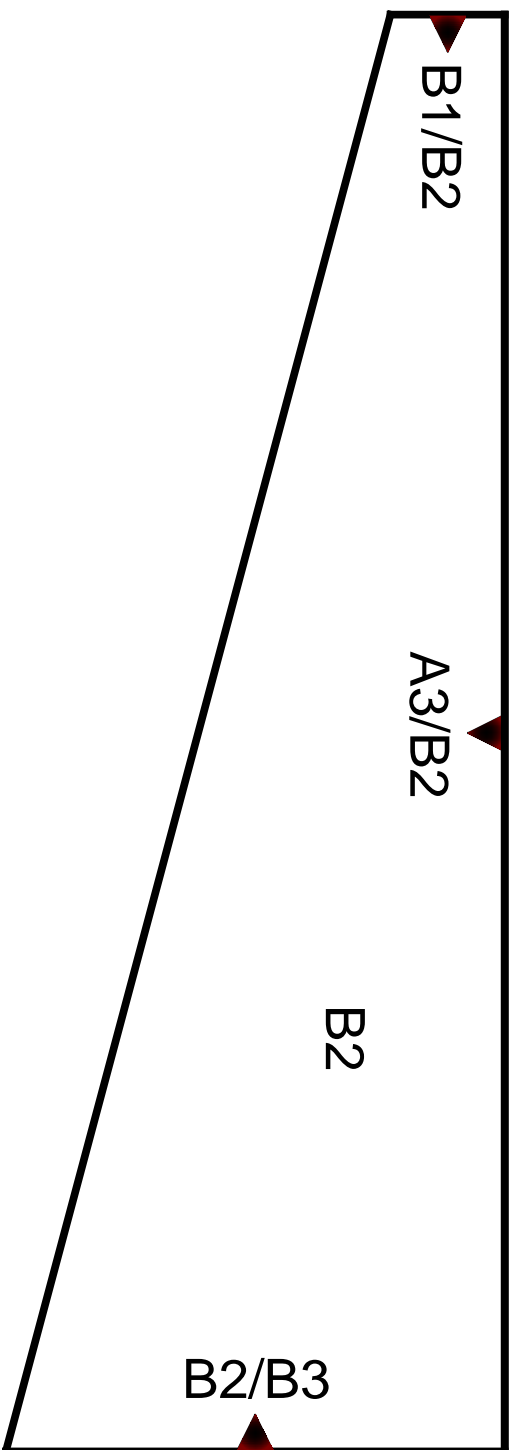
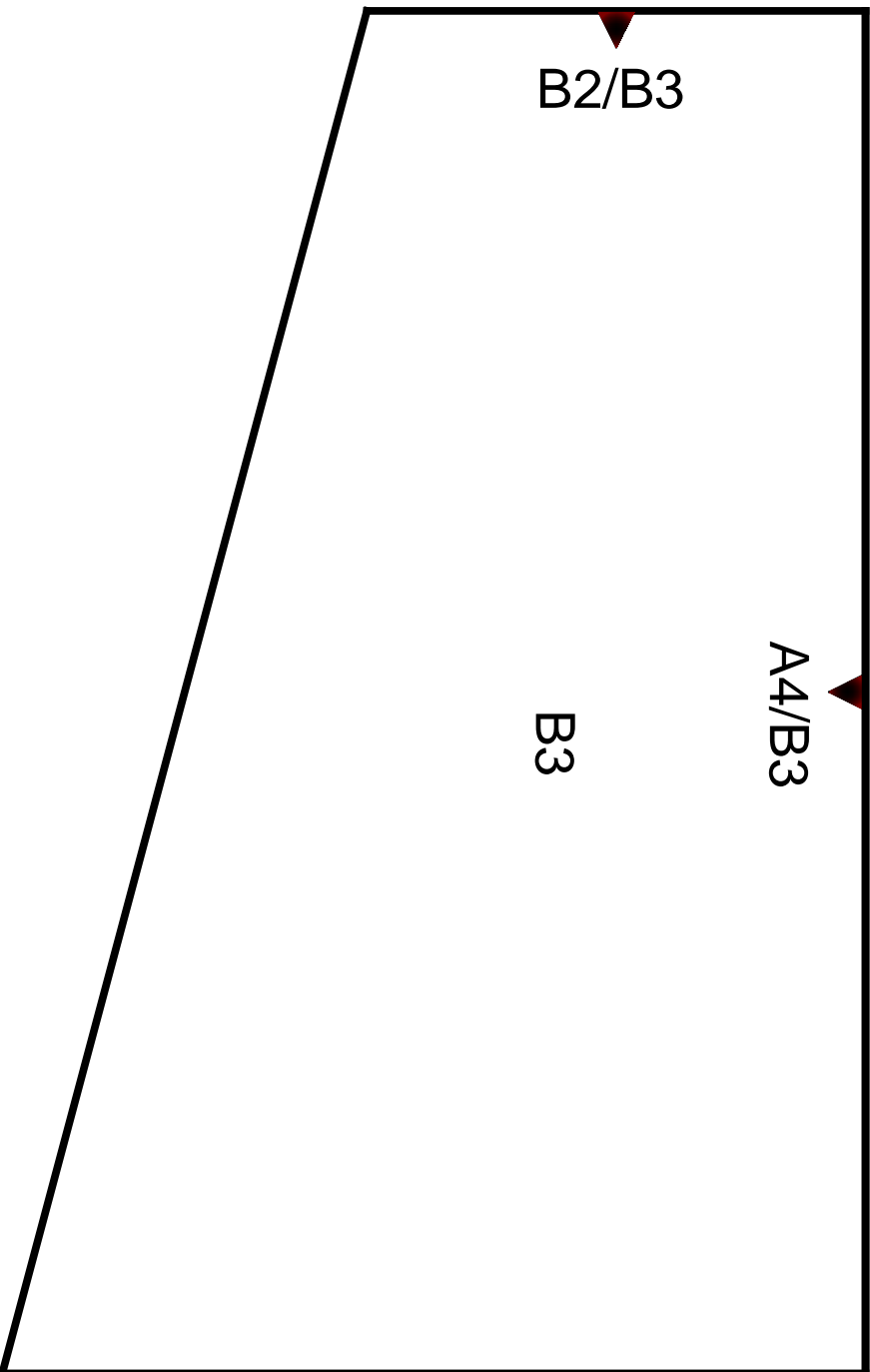
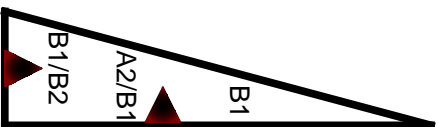


COTTON - FABRIC B

A3/A4

A4/B3

A4



CUT 2 ON FOLD
FROM YELLOW USING
ENTIRE TEMPLATE

CUT 1 ON FOLD FROM
HEAT N BOND
LITE FROM
THE SMALLER
SHIELD LINES
WITHIN THIS
TEMPLATE

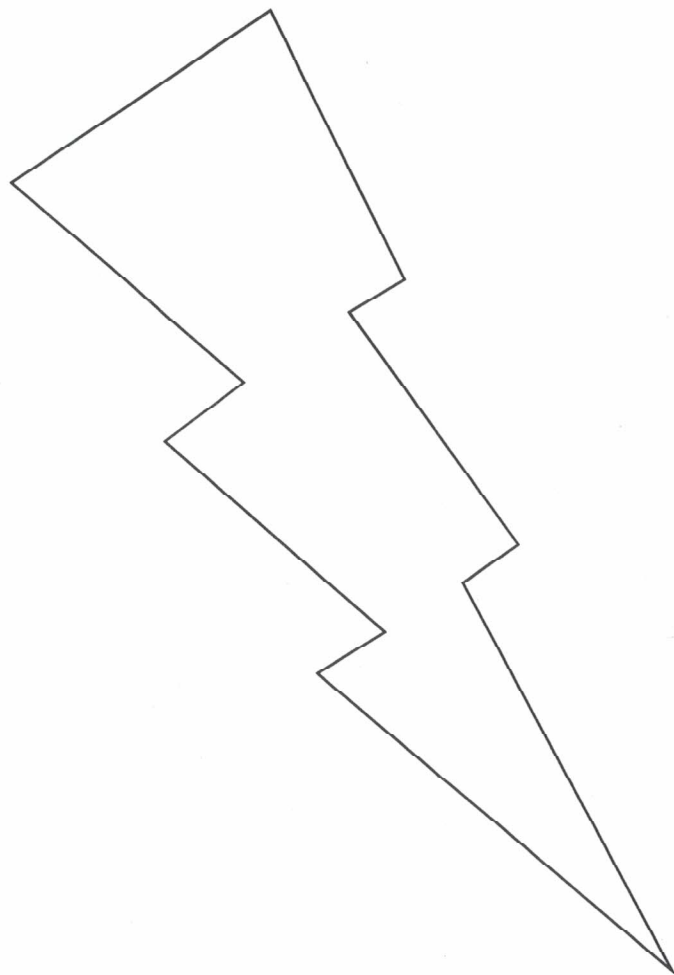
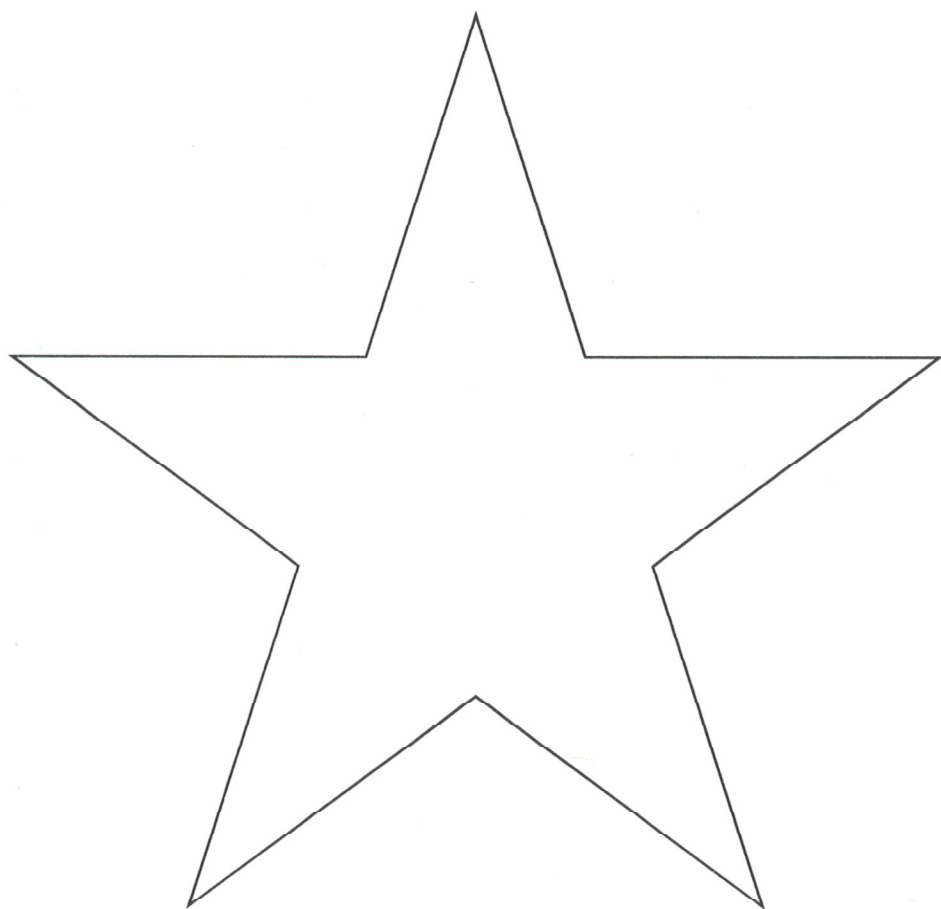
FOLD

Shield Accent pieces

Select one shape and cut

1 from felt

1 from Heat N Bond Lite



Mask template

