

Lanyard

Created by: Brittany from Lo and Behold Stitchery



Supplies:

- 3" x 36.5" piece of fabric- if you would like for the lanyard to be longer or shorter, adjust the length, but leave the width at 3"
- 3/4" x 36" piece of batting - any kind will do; if you adjusted the length of your lanyard, make the batting piece 1/2" shorter than your fabric piece
- Lobster Claw swivel clasp- you can use a variety of different types of hardware, this is just my favorite for this project. Make sure the D-ring is at least 3/4" wide. You can find small packs at your local quilt shop, but if you want to buy in bulk, Amazon has great deals. Here is a pack of 50 for around \$12.
- sewing needle
- thread
- sewing machine; a quilting needle is preferred
- scissors
- clips- you could also use pins
- iron

Basic Instructions:

1. Fold your fabric in half lengthwise, and iron a crease.

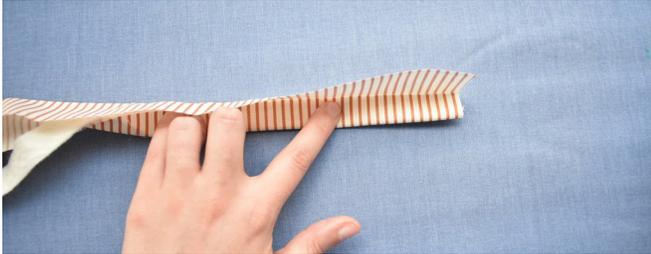


2. Place your batting piece in the crease as seen below. Leave 1/4" between the end of the fabric and the end of your batting piece. This will account for your seam allowance.

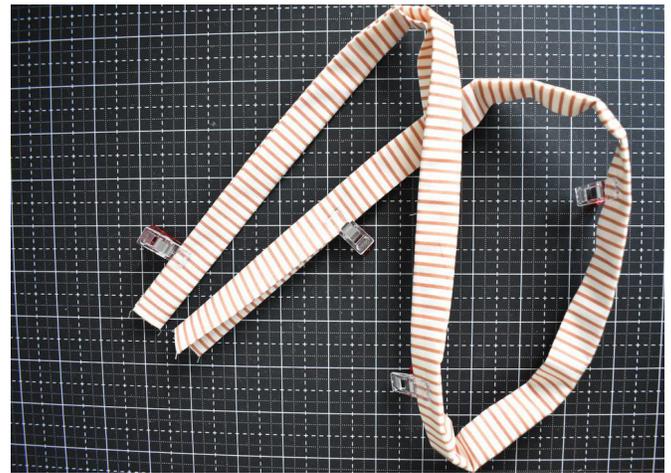


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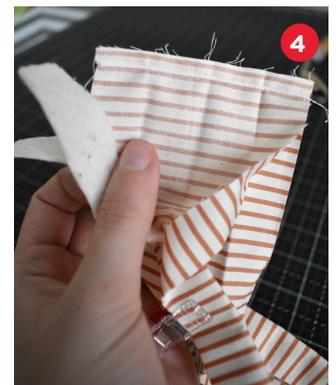
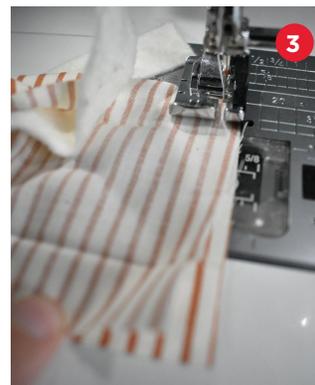
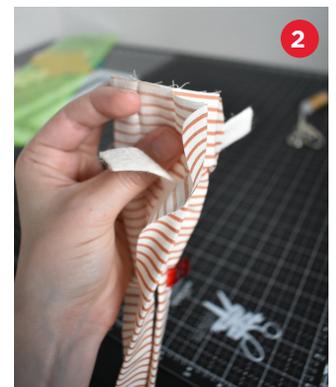
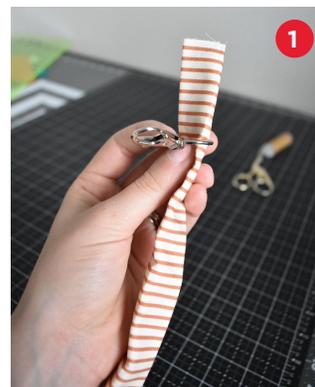
3. Fold one edge of the fabric over the batting piece so that the raw edge of fabric is now inside of the crease. Iron this crease.



4. Then fold the other edge of the fabric so that the raw edge is now also in the crease. Iron in place. Continue to iron the length of your lanyard as you fold the two fabric edges over the binding. Use clips to hold the two edges together.

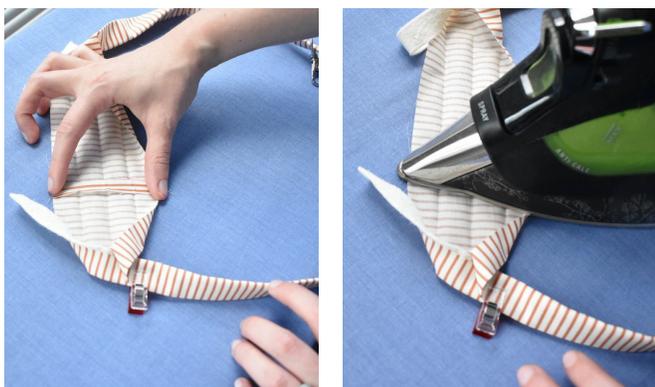


5. Next, add your hardware to the lanyard. Then you'll want to sew the two raw edges of your lanyard together (making a closed loop). Place them right sides together and pin in place if desired.

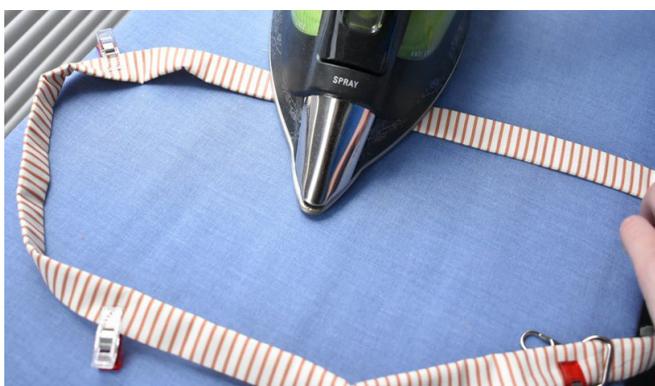
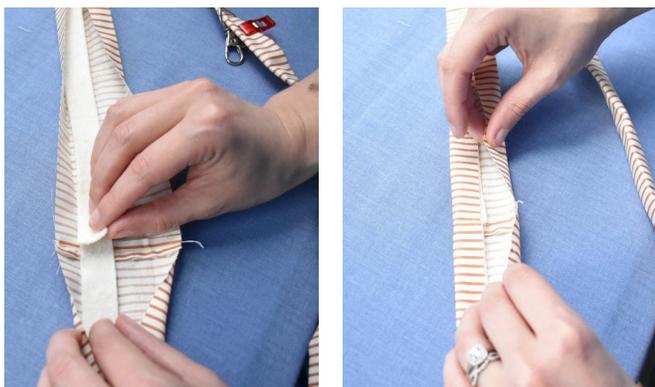


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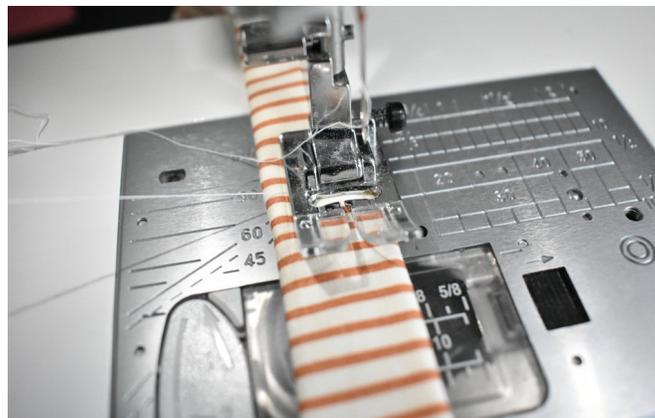
6. Press this seam open.



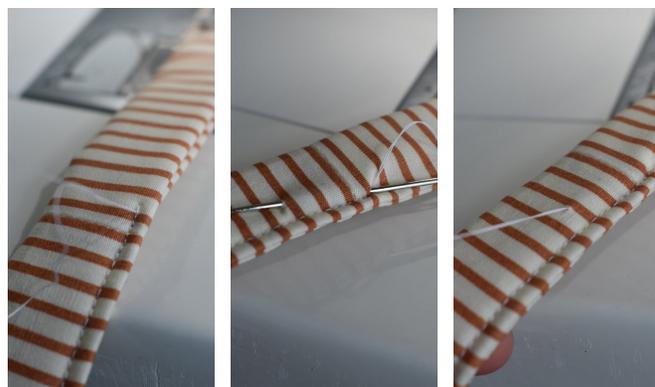
7. Place your batting back in the center of your lanyard and re-iron your creases.



8. Take your lanyard over to your sewing machine. Sew a seam about 1/8" from the edge of your lanyard. Move the lobster clasp as you sew around your lanyard. Some people like to stitch back and forth to start and end their seams. I've always been a fan of burying my threads, instead. So I like to make sure I leave enough top thread and bobbin thread to do this.

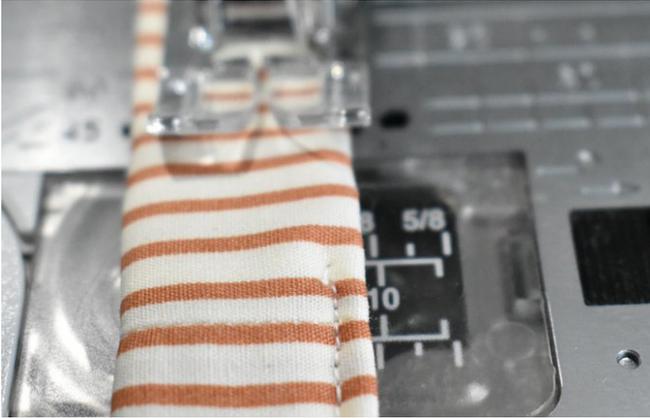


9. Once I come back around to the start of my seam, I'll go ahead and bury those threads. To do that, gently pull on your top thread so that the bottom thread loops up. Pull on that loop to bring your bottom thread to the top. Then tie those two threads in a knot. Insert your needle close to where the knot is and have the needle come back out of the fabric about 1-2 inches away. Do not go through all layers of the lanyard. Gently pull on the knot so that it "pops" underneath the fabric. Trim the thread tail, and VOILA! Your threads are buried!

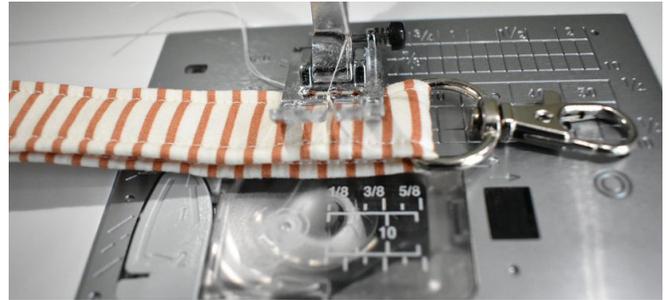


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10. Continue to stitch the remaining length of your lanyard. Once you reach where you started, stop sewing, tie a knot and bury those threads.



12. Then, you'll want to create a seam just above your lobster clasp. Stitch back and forth at the beginning and end of your seam or bury your threads as described in Step 9.



You did it! Enjoy your new lanyard!

11. Repeat this process for the other edge of your lanyard.

