

Ladies Remade Yoga Shirt

By Susan Clark Enderson

Supplies Needed:

- Oversized woman's long sleeved t-shirt
- Janome 1110DX Pro Serger
- Matching thread
- Rotary cutter and mat

Instructions:

1. Cut and size seams open and remove the sleeves.
2. Finish the raw edges of the shirt by trimming off the extra under the arms using a basic 3/4" thread seam.
3. Cut the small band off the end of the sleeve and then cut a 3" section from the lower part toward the cuff.
4. Roll the piece to place all raw edges out of site.
5. Slide the "roll" over the bottom of the back of the t-shirt.
6. Move the "roll" to about 1/2 way up the t-shirt.
7. Match the hems of the front and back sides and stitch for 6" up each side, finishing the seams.
8. Turn right side out.

*Note: Susan used a contrast thread for visibility.

