

## **Mandy Boat Tee Top**

Created By: Rachel Barnes, Janome Maker

The Mandy Boat Tee is free pattern, a boxy top with drop shoulders, boat neck, and two sleeve options. The tee is a perfect wardrobe staple and a quick and satisfying sewing project. The Air Thread 2000D offers speed and the Skyline S7 offers finishing details that makes this a fun and quick project. Supplementary notes and tips are included to be used in parallel with the pattern directions.



**Time:** Three classes each at 3 hour sessions

**Skill Level:** Advanced Beginner

**Janome Supplies Required:**

- Sewing machine needles (matching selected fabric)
- AirThread 2000D
- Standard sewing machine (sample was made with the Skyline S7)
  - Dual feed foot

**Fabric and Notions Required:**

- Free Pattern Download, Mandy Boat Tee by Tessuti Shop, <https://www.tessuti-shop.com/products/mandy-boat-tee-print-at-home-or-copy-shop>
- Two-way stretch cotton, wool or viscose jerseys or knits with elastane, lycra or spandex content.
- Matching thread/Marking pen/Knit Picker or sewing needle
- Rotary cutter/ruler/cutting mat/paper scissors
- Ball point sewing pins for knit fabrics/fabric clips
- CM ruler to check the Test Square on the Printed PDF Pattern

### Sample Notes:

- Fabric: Supplex/Lycra Knit Fabric
- $\frac{3}{4}$  sleeves were selected for the sample
- Navy thread was utilized for the inside serged seams and the zig zag stitches for hems

### Pattern Prep Tips:

Size and Fabric chart:

Body Dimensions	XXS-XS	S-M	L-XL	XXL-XXXL
	Size 1	Size 2	Size 3	Size 4
Bust	32"-34"	36"-38"	40"-42"	44"-46"
Waist	27"-29"	31"-33"	35"-37"	39"-41"
Hips	36"-38"	40"-42"	44"-46"	48"-50"

### Finished Garment Measurements

Length	22"	24"	24"	24.5"
Width around body (bust and hips)	44"	47"	53"	55"

### Yardage

47" (both sleeve versions)	1.5	1.6	1.6	1.6
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59" (3/4 sleeve)	1.2	1.2	1.2	1.4
59" (long sleeve)	1.3	1.3	1.3	1.4

### Machine Preparation Tips:

- Prior to sewing, use scraps of the selected garment fabric with contrasting threads to adjust and set the stitch tensions on the sewing machine.

### Cutting Instructions:

- If a printed fabric is used, a slightly larger quantity of fabric might be needed to match the print at the seams. Time was taken through making the sample with alignment to cut out the pattern pieces and match up the strips before sewing.

### Pattern Mods:

- The shape of the tee is a boxy cut that can be both flattering and comfortable. For the sample, I was slightly in between sizes. I first looked at the body dimensions but I more strongly referenced the finished garment measurements. With this being a boxy cut, the dimension from the shoulder/bust/hip circumference is the same. The sample was made with 4" of positive ease at the hips dimension. To accommodate for sizing down, I changed the seam allowance throughout the pattern to be ¼" instead of ⅜", as the pattern intended. The bicep dimension is not given in the size chart but this is something else to keep in mind for the class (as the sleeves are more fitted to balance out the boxy shape in the body). The knit fabric base helps balance the fitted sleeve look with the stretch included.
- Remind the sewist to gently iron all seams with knit garments (at the appropriate heat and steam settings). Some sewists forget to iron seams with knit fabrics. Ironing knit fabrics are just as important as ironing woven fabrics and gives the final garment a very polished finish.

### Sewing Instruction Notes (referencing the printed pattern instructions):

The following directions are supplemental references and tips to be used in parallel with the [free downloadable Mandy Boat Tee PDF pattern](#).

Although any print or solid fabric base may be used for this project (within the recommended fabric base above), a stripe print was selected for the sample. The following are tips to reference if sewing this project with striped fabric.

### Stripe Pattern matching:

1. Lay the BACK pattern piece along the fabric, with the selvedge edge laying at the center. Trim fabric such that the length is slightly larger than the bodice. Trimming the fabric at this step makes the stripe matching process much easier.



2. Make sure the fabric isn't stretched and is laying flat. Carefully lay the top fabric such that the stripes are aligned with the fabric underneath and the folded edge is straight.
3. Lay the BACK pattern piece such that the top corner of the arm/shoulder is at the top of a white stripe. The photo below shows a red arrow at this location.



4. Cut out the BACK pattern piece and repeat this Steps 1-3 for the FRONT pattern

piece.

5. Repeat steps 1-3 for the sleeve pattern piece. Lay the top of the sleeve piece along the fold. Align the top of the sleeve piece along the top edge of a white stripe. Note this location below with the red arrow in the photo:



6. Before sewing the side seams at “**Step 4 - Join side seam of top and sleeve together**”, utilize sewing pins to carefully align the stripes along the under arm and side seams. Photo reference shown below:



**Step 1 - Neckline:**

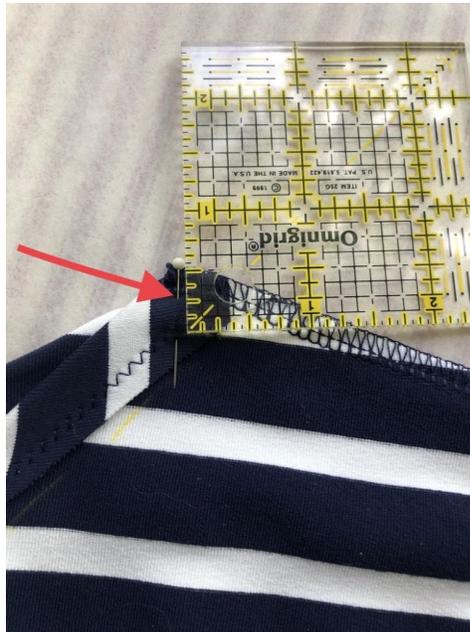
1. Utilizing the dual feed foot and the M, zig zag stitch at 2.7 Wide and 2.0 Long stitch the front and back necklines. The sleeve hem and bottom hem seam lines are sewn with this stitch as well. The majority of this project is sewn with the Air Thread 2000D

**Step 3 - Sleeves:**

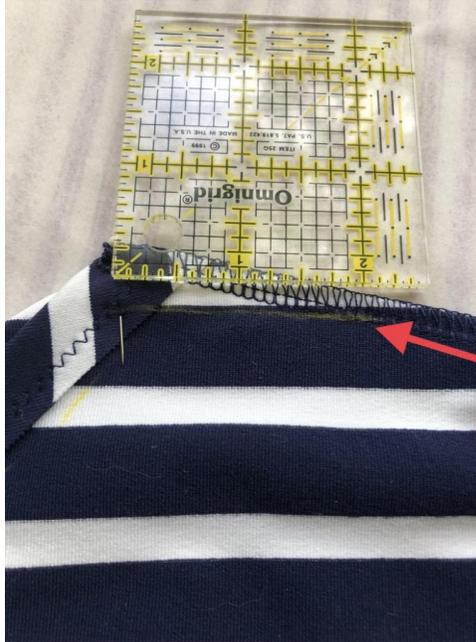
1. Place a sewing pin along the top center fold of the sleeve (to mark the center). This step will help reference the alignment for the the center of the sleeve to the shoulder seam.

**Step 6 - Finish Neckline:** For extra finishing details, reference the notes below to finish the neckline at Step 6.

1. Add a ball point sewing pin at the start of the neckline seam.
2. Using a ruler and marking pin, mark the location of  $\frac{1}{2}$ " from the top of the shoulder, inside the zigzag hem stitch in the neckband. Note the red arrow in the photo below:



3. Starting at this  $\frac{1}{2}$ " point, mark a line that is 2" past this point, continuing through to the shoulder seam. Note the red arrow in the photo below. This seam line is drawn with a yellow marking pen:



4. It is important to start this seam at the zig zag stitch of the neckband (not at the edge of the neckband). Sewing inside the neckband seam will give a nicer finish with the boatneck shaping.
5. Utilizing the zig zag stitch, forward and back stitch the beginning and end of the Finished Neckline seam to secure the seam. Continue along this new seam line to blend this new seam into the serged shoulder seam.
6. Repeat steps 1-5 for the second shoulder seam.
7. With the Knit Picker or sewing needle, place the tail ends of the shoulder seams inside the Knit Picker or sewing needle. Pull the tail end through the serged seam to hide and finish the serged ends (reference pg 36 of the Air Thread 2000D Manual for photos).

