Boy's Autumn Vest By Elaine Shepherd

Time: 5 hours to cut out, stitch and press Skill Level: Beginner - Intermediate

Janome/Elna Supplies Required:

- Janome/Elna sewing machine
- Straight Stitch/Zig Zag Foot A, Overedge Foot M and Zipper Foot E
- Janome/Elna serger (optional)

Fabric and Notions Required:

- McCall's M6222 Boy's Vest pattern
- 11/8 yard (sizes x-small small), 11/4 yard (sizes medium large) 45" wide cotton twill, denim or corduroy
- 1/2 yard 45" wide contrast, medium-weight woven cotton or cotton blend
- Fusible interfacing 18" x 25"
- All-purpose sewing thread in color to match vest fabric
- Separating zipper 16" long (x-small small), 20" long (medium - large)

Cutting Instructions:

- From twill weight fabric: Cut the vest back, front and patch pocket.
- From contrast woven cotton fabric: Cut collar, front facings and front and back armhole facings.
- From fusible interfacing: Cut collar. (Vest front facings optional)



Sewing Instructions:

Patch Pocket:

1. On the upper edge of the patch pocket, clean the finished edge by using the Overedge Foot M on the sewing machine or Overcast Foot with the serger.



- 2. Turn the upper edge to the right side at 1" and press. With the Straight Stitch Foot A, stitch the pocket hem to the pocket sides. Cut the corners diagonally and turn the hem to the inside. Press under 5/8" on the sides and lower edge, folding in the corners.
- 3. Pin the pocket to the upper left front vest where it is indicated on the pattern. Stitch close to the sides and lower edge of the pocket.



Collar:

- 1. Stitch the vest back to the front at the shoulder with 5/8" seams. Use the seam guide on the Janome/ Elna needle plate for accuracy. Press the seams open and overedge stitch raw edges with the Overedge Foot M or Overcast Foot with a serger.
- 2. Fuse the interfacing to the wrong side of the collar.
- 3. Pin the collar to the neck edge, right sides together, matching notches and aligning the front edges of the collar and vest. Change the foot to the Straight Stitch Foot A. Pin and then seam, clipping the neck curve as needed.



4. Grade the seam allowances to reduce bulk. Then, press the seam allowances toward the collar.

Zipper Closure:

1. Separate the zipper and press tape, if needed. Remove the Straight Stitch Foot A and attach the Zipper Foot E. Select the "T-Shirt" icon on the Janome/Elna touch screen and then select zipper sewing, lapped and left side.





2. With the right sides together, pin the right side of the zipper to the right vest front on the center front, with the lower edge of the zipper 3/4" from the lower edge of the vest. Baste the stitch zipper in place, following the zipper basting steps.



3. With the right side of the zipper facing vest, pin and then baste the right and left zipper to the vest fronts and the lower edge of the zipper 3/4" from the lower edge of the vest.

Front Facings:

- 1. Fuse the interfacing to the wrong side of the front facings (optional).
- 2. Turn and press the un-notched edge of the left and right front facings at a 1/4". Stitch close to the folded edge.



- 3. Press under 5/8" on the shoulder edge of the front facings.
- 4. Pin the neck edge of the facings to the collar, right sides together, matching notches and aligning the edges at the center front. With the Straight Stitch Foot A, stitch the seam. Press the seam allowance open, clip and press 5/8" under along the neck edge of the collar.
- 5. Turn the collar to the outside on the fold line. Pin the front edges of the collar together and facings to the best fronts, matching the neck seam. With the Zipper Foot E, stitch the front edges of the collar and vest, securing the zipper.



6. Turn the collar and facings to the inside and press. Hand-catch stitch the neck edge of the collar and facings to the vest at the shoulder seams.



Side Seams and Armholes:

- 1. With the Straight Stitch Foot A, stitch the vest fronts to the vest back at the sides with 5/8" seams.
- 2. Press the seams open and overedge stitch with the Overedge Foot M or Overcast Foot with a serger.
- 3. With the Straight Stitch Foot A, stitch the front armhole facings to the back armhole facings at the shoulder and sides. Clean finish the un-notched edges of the facings using the Overedge Foot M or Overcast Foot with a serger.
- 4. Pin the facings to the armholes, right sides together, matching notches and seams. Using the Straight Stitch Foot A, stitch at 5/8". Grade the seam allowances and clip the curves. Then, press the seam allowances toward the facings.



5. Under stitch by stitching through the facing and seam allowances, close to the seam, to prevent the facings from rolling to the outside. Turn the facings to the inside and press.





6. Hand-catch stitch the armhole facings to the shoulder and side seams in the seam allowances.



Hem:

- 1. Turn the lower edge of the facings to the outside and stitch across the lower edge at 5/8". Turn the facings to the inside again.
- 2. Clean finish the lower edge with the narrow 5/8" hem.
- 3. After a final press, find a young man (little boy) to enjoy his "Moments with Nature" vest.