

Quilting the Kaye Wood Way
It's the technique that makes it easy!

ABC Quilt

© by Kaye Wood



Skill level: ability to sew a 1/4" seam.

Estimated time: 12 hours after embroidery is done.

Embroider the designs.

Then fussy-cut (center) the designs inside the Top, Left and Right diamonds, using the centering lines on the View & Do™ Diamond Shape.

Diamonds can also be fussy-cut from an interesting fabric or from your photos on fabric.

Kaye's Y-seam technique is included:
 A two-step technique for perfect Y-seams makes it much easier to have perfect inside points.

FREE quilting videos 24/7
www.youtube.com/user/kayewood

ABC Quilt

Size: 48" x 75"

Fabric and supplies needed:
 View & Do™ 60° Diamond Shape
 ABC Embroidery disk by Stitchitize

Embroidery hoop 5.5" x 8"
 White block fabric 2½ yds
 Red strips ½ yd
 Yellow strips 1 yd
 Blue strips ¾ yd
 Green strips ¾ yd

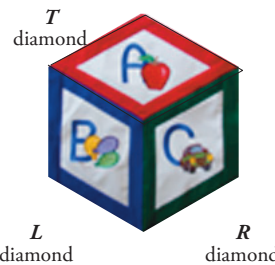
Backing 50" x 80"
 Batting 50" x 80"
 Binding 1/3 yd

The View & Do™ 60° Diamond Shape, the ABC Embroidery Disk, and a how-to video of this project are available from Kaye Wood Inc. 1-800-248-5293 www.kayewood.com



Tumbling blocks are made from three diamonds—a Top, a Left and a Right.

Each of these embroidered designs is fussy-cut following the directional lines on the View & Do™ Diamond Shape.



Fussy-Cut Key
T Top Diamond
L Left Diamond
R Right Diamond

Plan your quilt.

1. Before cutting the backgrounds for the fussy-cut designs, plan your quilt. The designs can be placed randomly, in alphabetical order, or spell out a name across or down the quilt.

This quilt spells out *LORI* down the center of the quilt inside the *Top* diamonds bordered with yellow strips.

2. Cut the white backgrounds for the fussy-cut blocks:
 Top (T) Diamonds cut 10
 6½" high x 12½" wide pieces.
 Left (L) & Right (R) cut 12
 11" high x 7" wide pieces.

Embroider the designs for the T Diamonds horizontally in the hoop.

Embroider the designs for the L & R Diamonds vertically (up & down).

22 complete alphabet designs are used in this quilt. All 26 are used in the border.



Fussy-Cut *T* Diamonds.

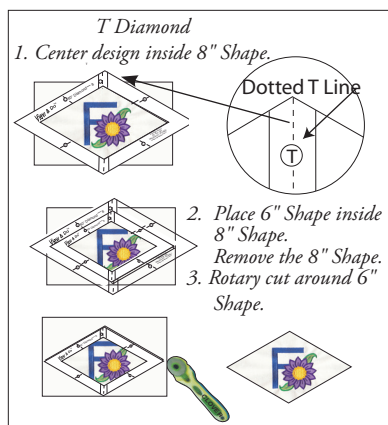
- Center the embroidery design inside the opening of the 8" Diamond Shape.

The fabric design should line up vertically (up and down) with the dotted **T-Line** on the Diamond Shape.

- The diamond size needed is inside the opening of the 8" Diamond Shape, but you can't rotary cut inside the Shape.

So place the 6" Diamond Shape inside the opening. Remove the 8" Shape.

- Cut 10 *T* diamonds by rotary cutting around the outside of the 6" Diamond Shape.



L Diamond

- Center design inside 8" Shape.

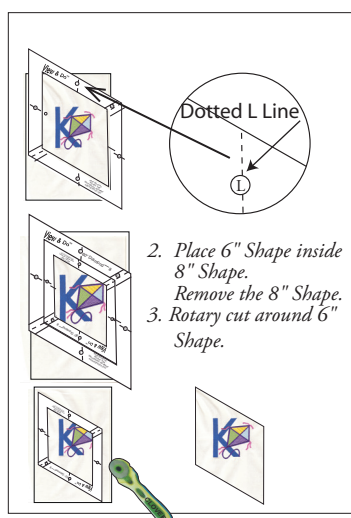
Fussy-Cut *L* Diamonds.

- Center the fabric design inside the opening of the 8" Diamond Shape.

The top and bottom of the fabric design should line up vertically with the dotted **L-line** on the Diamond Shape.

- Place the 6" Diamond Shape inside the opening. Remove the 8" Shape.

- Cut 6 *L* diamonds by rotary cutting around the outside of the 6" Diamond Shape.



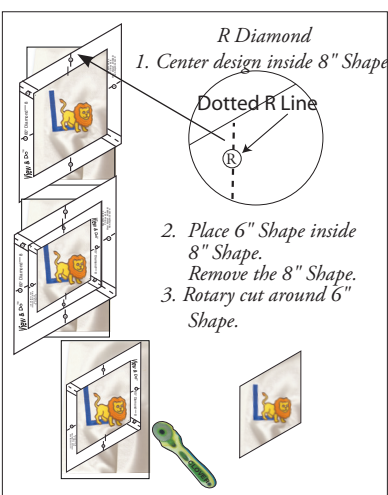
Fussy-Cut *R* Diamonds.

- Center the design inside the opening of the 8" Diamond Shape.

The top and bottom of the fabric design should line up vertically with the dotted **R-line** on the Diamond Shape.

- Place the 6" Diamond Shape inside the opening. Remove the 8" Shape.

- Cut 6 *R* diamonds by rotary cutting around the outside of the 6" Diamond Shape.



Add borders to the *T* diamonds.

Strips are added counter-clockwise, starting at the top right side.

There are 10 *Top* diamonds:

- 6 bordered with red strips.
- 4 bordered with yellow strips.

- Cut 1½" x 42" strips from the border fabrics:

- Red 6 strips
- Yellow 4 strips

- Pin mark the top right side of each diamond. (Put a pin on this side, which will be the first side to be sewn.)



- With the strip on top, chain sew a red strip to the pinned side of 6 of the *T* diamonds. These 6 are called the red *T* diamonds.

Chain sew a yellow strip to the pinned side of the other 4 *T* diamonds. These 4 are called the yellow *T* diamonds.

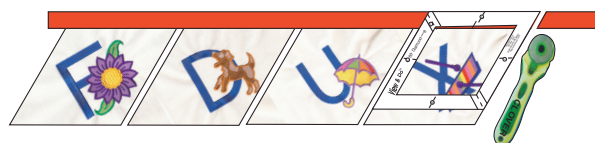
The strip is cut on the straight of grain; Sewing with the strip on top will help to keep the off-grain sides of the diamond from stretching.

Start sewing the diamonds at the top of the strip, but stop sewing at least 3" from the bottom of the strip.

The diamonds should be touching, but not overlapping.

Press the seam allowances toward the strip and away from the diamonds.

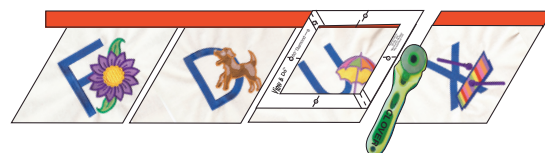
- Line up the Diamond Shape even with the top of the strip and the side of the diamond.



Cut the strip along the angle of the Diamond Shape.

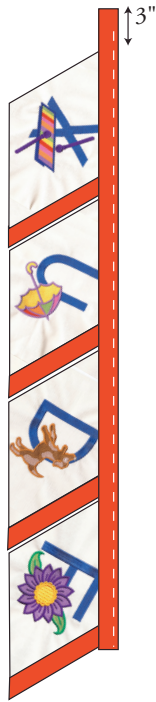
- Move the Diamond Shape so it lines up with the other side of the diamond and even with the top of the strip. Cut along the angle.

Continue cutting the strip between each diamond, by lining up the View & Do Diamond Shape with the strip and the side of the diamond.

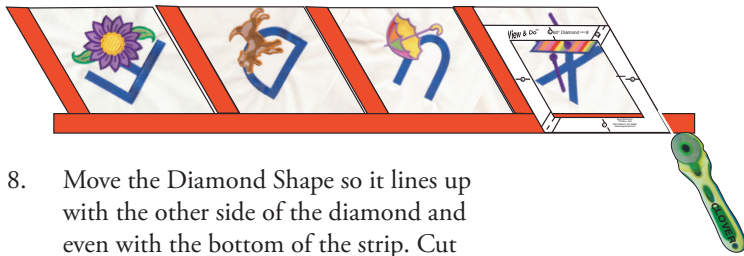


- Chain sew one of the red strips to the top left of the 6 red *T* diamonds.
Chain sew one of the yellow strips to the top left of the 4 yellow *T* diamonds.
Start sewing the diamonds 3" down from the top of the strip. The diamonds should be touching, but not overlapping.

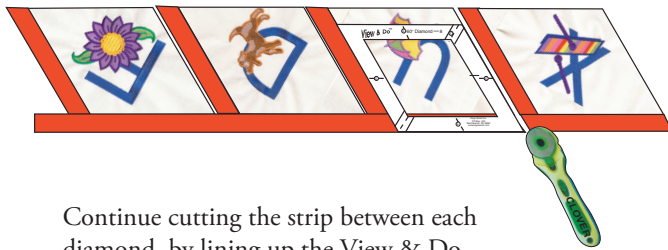
Press the seam allowances toward the strip and away from the diamond.



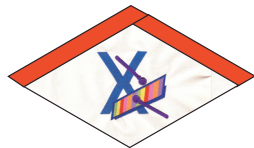
- Cut the strip by lining up the View & Do Diamond Shape with the bottom of the new strip and the side of the diamond.



- Move the Diamond Shape so it lines up with the other side of the diamond and even with the bottom of the strip. Cut along the angle.



Continue cutting the strip between each diamond, by lining up the View & Do Diamond Shape with the strip and the side of the diamond.

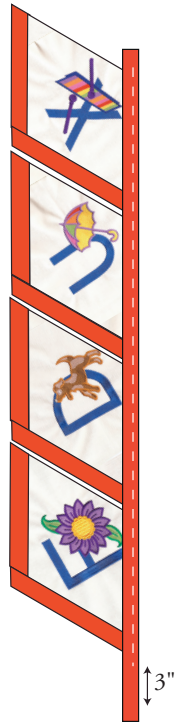


- Sew a strip to the left bottom of the red and yellow *T* diamonds.
Start sewing the diamonds at the top of the strip, but stop sewing 3" from the bottom of the strip.
Press the seam allowances away from the diamond and toward the strip.

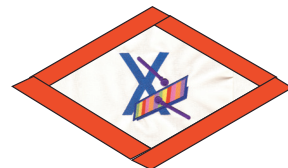
Cut the strip between the diamonds by lining up the View & Do Diamond Shape with the new strip and the side of the diamond.

- Sew a strip to the right bottom of the red and yellow *T* diamonds.
Start sewing the diamonds 3" down from the top of the strip.
The diamonds should be touching, but not overlapping.

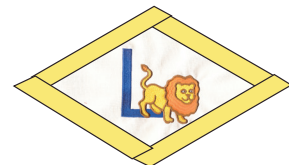
Press the seam allowances away from the diamond and toward the strip.



Cut the strip between the diamonds by lining up the View & Do Diamond Shape with the new strip and the side of the diamond.



6 red *T* diamonds



4 yellow *T* diamonds

Add Borders to the *L* Diamonds.

Strips are added to the top and bottom; then the sides.

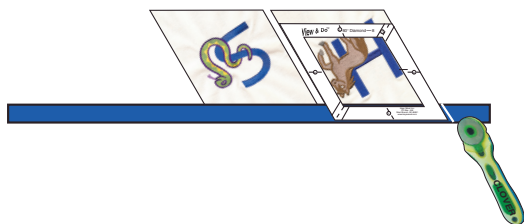
- Cut 6 1½" x 42" strips from the blue fabric.
- Pin mark the top of the 6 *L* diamonds.
- With the blue strip on top, chain sew one of these strips to the pinned side of each of the 6 *L* diamonds.
Start sewing the diamonds 3" down from the top of the strip.
The diamonds should be touching, but not overlapping.

Press the seam allowances toward the strip and away from the diamonds.



4. Cut the strip between the diamonds by lining up the View & Do Diamond Shape with the bottom of the new strip and the side of the diamond.

5. Sew a blue strip to the bottom of each of the *L* diamonds.
Start sewing at the top of the strip, but stop sewing 3" from the bottom.
Press the seam allowances toward the strips.



6. Cut the strip using the Diamond Shape lined up with the new strip and the side of the diamond.



7. Chain sew a strip to the left and right side of each of the *L* diamonds.
Press the seam allowances toward the strip and away from the diamond.



8. Cut the strip between each diamond using the Diamond View & Do Shape, as shown above.

Add borders to the *R* diamonds.

Strips are added to the top and bottom; then the sides.

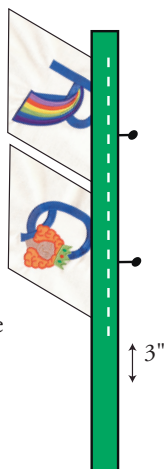
1. Cut 6 1½" strips from the green fabric.

2. Pin mark the top of each *R* diamond.



3. With the green strip on top, chain sew one of these strips to the pinned side of each of the 6 *R* diamonds.
Start sewing at the top of the strip, but stop sewing 3" from the bottom.
Press the seam allowances toward the green strip.

4. Cut the strip between each diamond using the Diamond View & Do Shape, as shown above.



5. Sew a green strip to the bottom of each of the *L* diamonds.
Start sewing at 3" down from the top of the strip.
Press the seam allowances toward the green strips.

6. Cut the strip using the Diamond Shape lined up with the **top** of the strip and the side of the diamond.

7. Chain sew a strip to each side of the *R* diamonds.

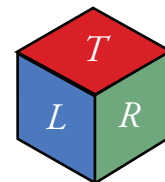
Press the seam allowances toward the strip and away from the diamond.



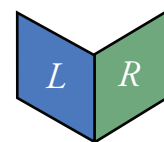
8. Cut the strip between each diamond using the Diamond View & Do Shape, as shown on page 5.

Tumbling Blocks:

1. Sew each *L* diamond to an *R* diamond.
Sew all the way from the top to the bottom.
Press the seam allowances between the two diamonds open.



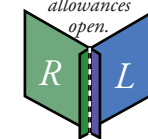
2. Line up a *T* diamond underneath the *R* diamond, right sides together. All four edges of the *T* diamond (underneath) should line up with the *R* diamond.



Press seam allowances open.

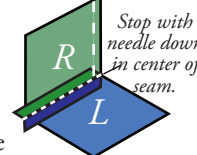
Put a pin into the seam allowance between the *L* and *R* diamonds.

The pin should go through to the *T* diamond exactly ¼" from the edge.



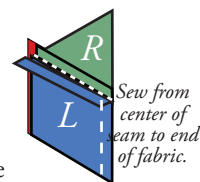
3. Sew the *T* and *R* diamonds from the top to the seamline.
Stop with the needle down in the center of the seamline.

Start stitching at edge of diamonds.



Stop with needle down in center of seam.

4. With the needle still down in the middle of the seamline, bring the *T* diamond even with the *L* diamond.
The *R* diamond will be folded in half.
Sew from the seamline down to the bottom of the *L* and *T* diamonds.
Press the seam allowances away from the *T* diamond.



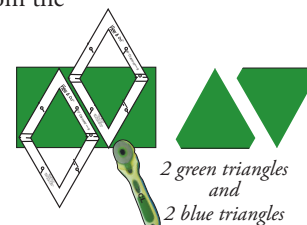
Sew from center of seam to end of fabric.

5. Sew 6 tumbling blocks together using this Y-seam technique.

Solid Triangles

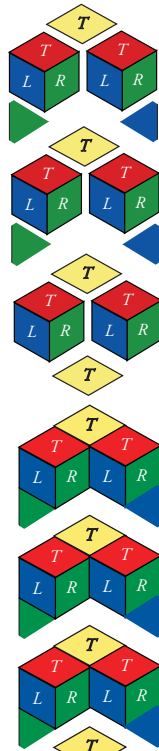
1. Cut a piece of blue and a piece of green fabric 8½" x 14".

2. Place the sharp angle of the View & Do™ Diamond Shape at the top of the piece of fabric.
Cut each of these pieces into a triangle along the Diamond Shape from the point down to the bottom of the strip. Turn the Diamond Shape upside down with the point at the bottom of the fabric to cut the second triangle.



Sew the quilt top together.

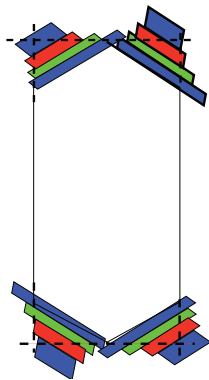
1. Lay out all the pieces.
The quilt is made up of 6 complete tumbling blocks, 4 yellow T diamonds, 2 blue triangles, and 2 green triangles.



2. Sew the pieces into a top, middle and bottom unit, as shown.
3. Sew the units together using the Y-seam directions.

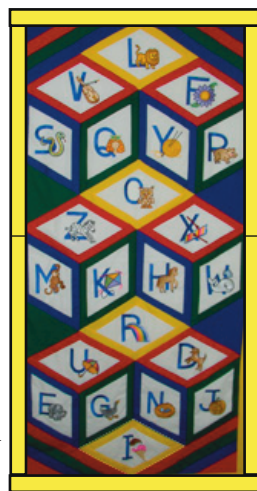
Corners of the Quilt.

1. Sew 2" red, green & blue strips to the top and bottom corners. Finish with a 3½" wide red or blue strip. The order of the strips can be identical in each corner, or make each corner different.
2. After sewing, square off the ends of the strips using a ruler.



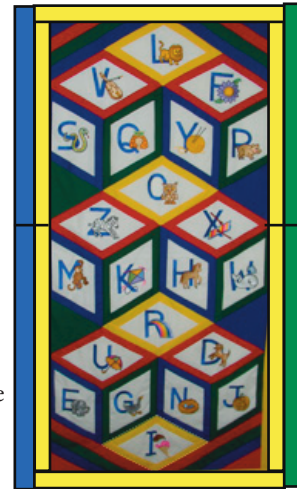
First Border.

1. Cut 6 2½" wide strips of yellow.
2. Sew 2 strips together lengthwise for each side border. Cut these strips the length of the quilt. Pin the border strips to the quilt top, matching both ends and the center seamline with the center of the quilt. Press the seam allowances toward the border strips.
3. Cut the 2 remaining yellow strips the width of the quilt, including the side borders. Pin the border strip to the top and bottom of the quilt, matching the ends and centers of each strip. Sew the strips to the top and bottom of the quilt. Press the seam allowances toward the border strip.



Second Border.

1. Cut 2 2½" green strips for the right side of the quilt. Cut 2 2½" blue strips for the left side of the quilt. Sew the 2 strips together to make long border strips. Sew the strips to the quilt. Press the seam allowances toward the border strips.
2. Pin the green strip to the right side of the quilt, matching the ends and center of the strip. Pin the blue strip to the left side of the quilt, matching the ends and center. Sew the strips to the quilt. Press the seam allowances toward the border strips.



Fussy Cut Borders.

1. 26 embroidery designs, without the alphabet letters, are used in the border. Cut these embroideries into 26 6" fussy-cut squares.
2. Cut 22 2" x 6" red pieces. Cut 11 2" x 6" blue pieces. Cut 11 2" x 6" green pieces. Cut 20 1" x 6" yellow pieces.
3. Sew the side border strips, following the design shown. Adjust the length of the strip by adding a solid piece of yellow fabric at the bottom of each border.
4. Sew the top and bottom border strips, following the design shown. Adjust the length of the strip by adding a solid piece of red fabric in the center of each border. Press the seam allowance away from the pieced borders.

Finish the quilt.

1. Layer the quilt top, batting and backing.
2. Hand or machine quilt.
3. Bind the quilt.

Kaye's original mitered binding technique can be seen on the free video on www.youtube.com/user/kayewood