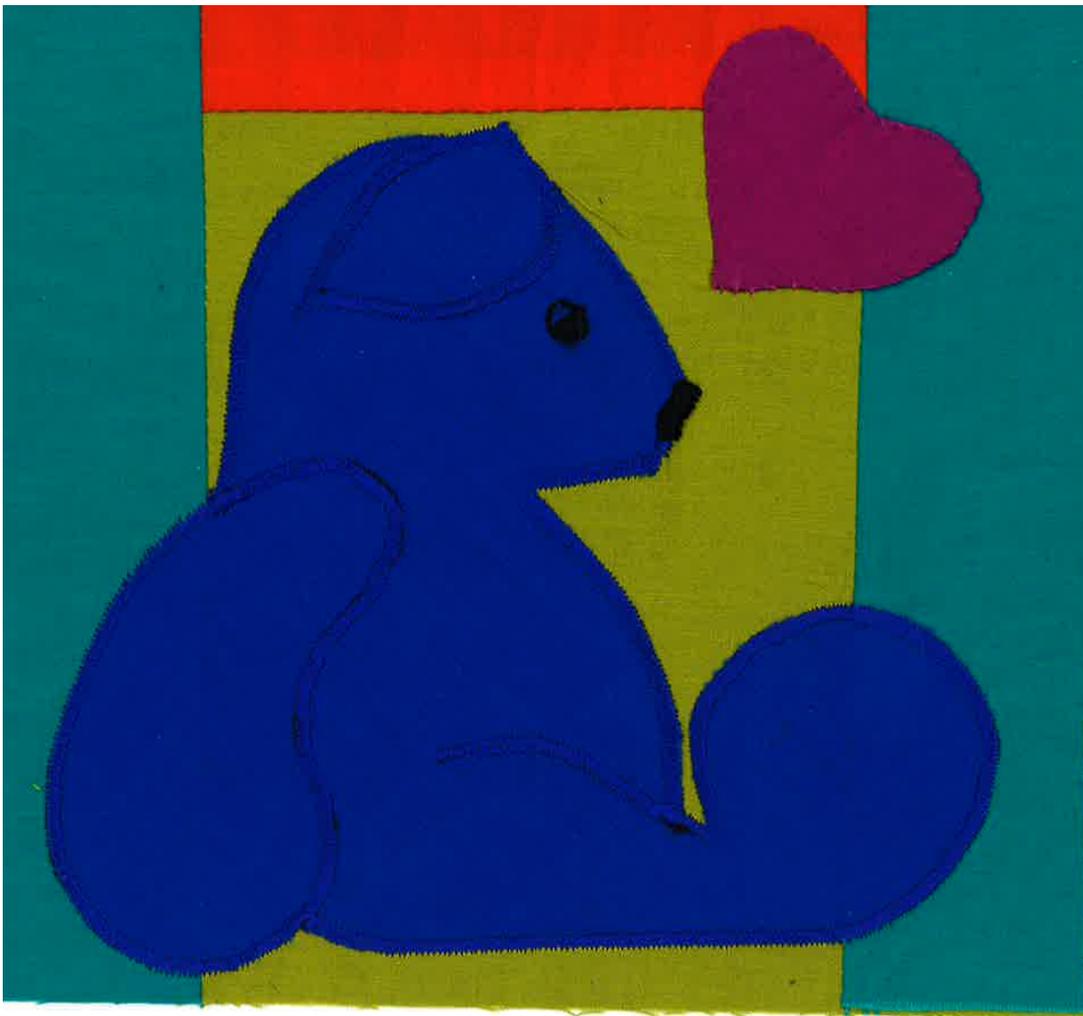


Carol Cruise's Bear Block



JANOME

WHAT'S NEXT

— a story in every stitch —

by Carol Cruise
www.carolszoo.com



Instructions:

Cut the Plum fabric in a 7" x 5" rectangle. Cut a Gold strip to go across the top 1 3/4" x 4 3/4". Stitch a 1/4" seam and press the strip up towards the top.

Cut the two Avocado strips 1 3/4" x 6 1/2" and place strips on each side of the background piece and stitch a 1/4" seam. Press the strips toward the side of the background piece.

Applique designs are part of a series available from Carol's Zoo. For other patterns, go to www.carolszoo.com.

Choose your applique design and make two paper copies out of it. Cut out one design around the outer edges and turn the piece over and cut fusible such as Wonder Under®. Fuse to the back of the applique piece and turn the entire piece over. Once you have done that, place the piece in the center of the quilt block and then remove the paper and fuse it to the background.

On the second paper copy of the applique, cut out the pieces for the ear, arm and leg. Then put in place on the applied piece and lightly trace around them. You will then be appliqueing these lines.

Machine applique the design and plan your stitching sequence so that the ear on the bear is the last applique part you stitch.

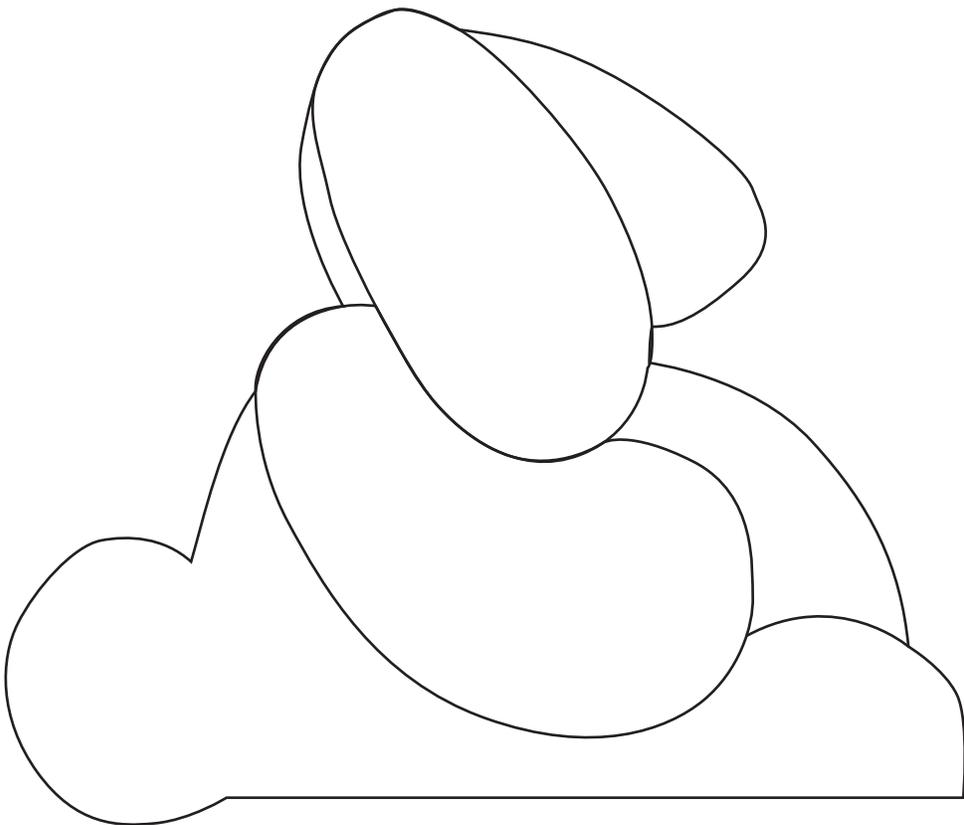
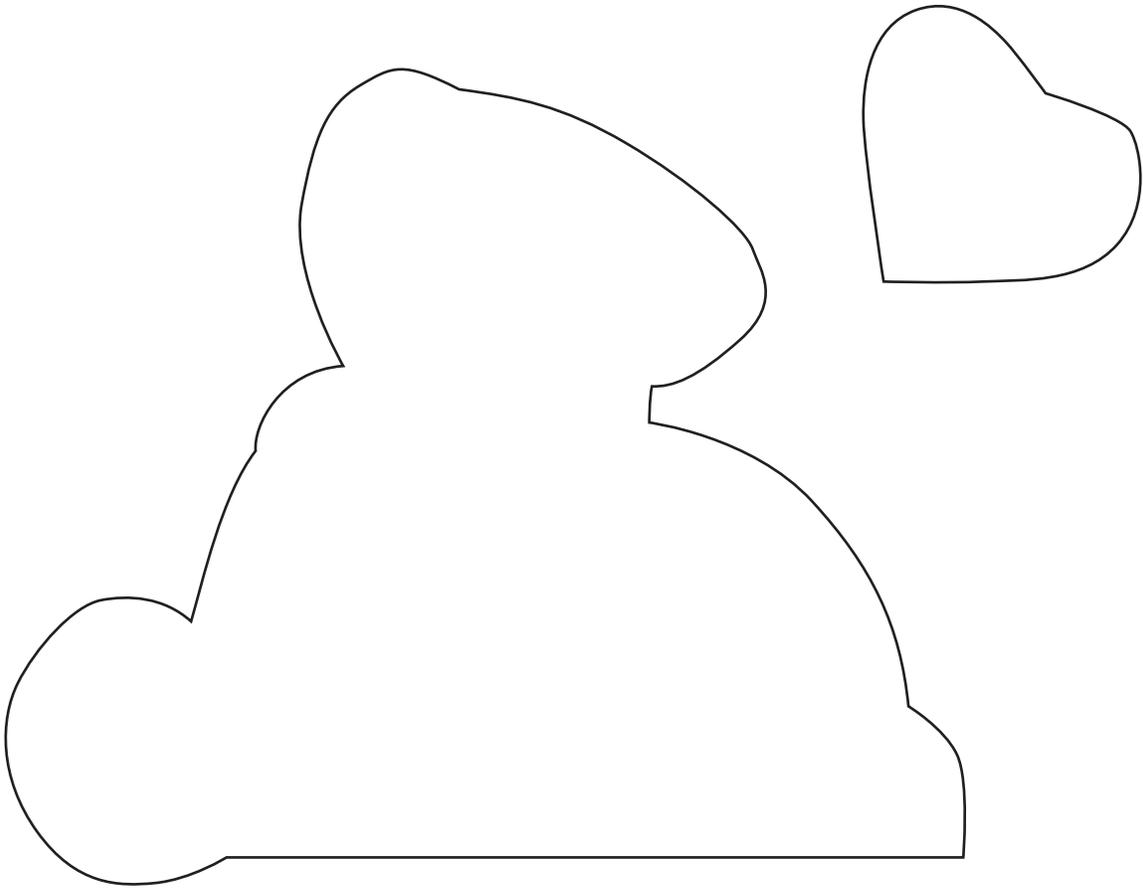
Carol used Janome embroidery thread and zigzag stitch #10 R on the Memory Craft 12000. She lessened the presser foot pressure to zero and then she stitched a width of 3.0, length of 0.50 and thread tension of 2.2. If using this, experiment first on scraps you have fused so that you match the actual piece. Then stitch slowly and carefully.

Using black Janome embroidery thread, Carol hand embroidered the eye and nose. Then she found a heart design, copied and cut it out and hand appliqued it in place.

Press the entire quilt block when finished to complete the 6 1/2" x 6 1/2" block.

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