

# Navajo Sampler

Finished quilt dimensions: 36" x 48"

Skill Level: Intermediate



Bright, contemporary colors, wedding cakes, flying geese and appliquéd arrows give this Southwest themed quilt a face lift. Enjoy learning how to piece different quilt blocks together and adding a textured focal point with the appliqué.

## Janome Supplies Required:

- HMC8900QCP Special Edition
- 1/4" Seam foot O
- Satin Stitch foot F
- Convertible free motion quilting foot QB-S
- Dual feed foot holder
- Dual feed foot AD
- Blue tip needle
- Pre-wound bobbin (for appliqué or optional embroidery)
- Empty bobbin

## Fabrics/Notions Required:

- Michael Miller Cotton Couture fabric bundle
- Pencil
- Fusible webbing
- Pink Embroidery Thread
- Sewing machine
- 50# Cotton thread

## Optional Tools:

- Artistic Edge
- Embroidery Machine

## Cutting Directions:

Rows 1& 9 -

- From Gold:
  - (12) 4 1/2" x 2 1/2"
  - (12) 8 1/2" x 2 1/2"
  - (4) 6 1/2" x 8 1/2"
- From Jewel:
  - (24) 4 1/2" x 2 1/2"
  - (24) 2 1/2" x 2 1/2"

Rows 2 & 8 -

- From White:
  - (24) 2 1/2" x 2 1/2"
  - (24) 1 1/2" x 2 1/2"
- From Lipstick:
  - (6) 6 1/2" x 2 1/2"
  - (6) 4 1/2" x 2 1/2"
  - (6) 2 1/2" x 2 1/2"
- From Cobalt:
  - (6) 6 1/2" x 2 1/2"
  - (6) 4 1/2" x 2 1/2"
  - (6) 2 1/2" x 2 1/2"

Rows 3 & 7 -

- From Lava:
  - (12) 3 7/8" squares
- From Luna:
  - (12) 3 7/8" squares

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## Cutting Directions (continued):

Rows 4 & 6 -

- From Plum:
  - (26) triangles from template 1
- From White:
  - (26) triangles from template 1

Row 5 -

- From Avocado:
  - (6)  $6\frac{1}{2}'' \times 10\frac{1}{2}''$
- From Cobalt:
  - (6)  $3\frac{7}{8}''$  squares
- From Sailor:
  - (6)  $3\frac{7}{8}''$  squares

## Piecing Directions:

1. Attach  $\frac{1}{4}''$  Seam foot O. Thread machine with 50# cotton thread.
2. Using two Jewel  $4\frac{1}{2}'' \times 2\frac{1}{2}''$  pieces on each side of a Gold  $2\frac{1}{2}''$  square, using a mitered seam, as shown in Diagram 1. You will need 12 of these units.

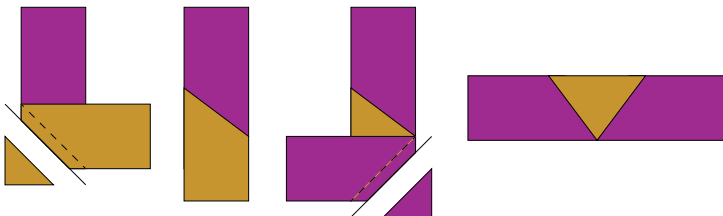


Diagram 1

3. Using two Jewel  $2\frac{1}{2}''$  squares on each side of an  $8\frac{1}{2}'' \times 2\frac{1}{2}''$  rectangle, create a unit that looks like Diagram 2 by sewing a mitered seam, shown in Diagram 1. You will need 12 of these units.



Diagram 2

4. Sew the 24 components together to make six blocks, as shown in Diagram 3. To assemble row 1 of the quilt, alternate three of these blocks

with two Gold  $6\frac{1}{2}'' \times 8\frac{1}{2}''$  Gold rectangles. Create an identical row (row 9), for the bottom row of the quilt.

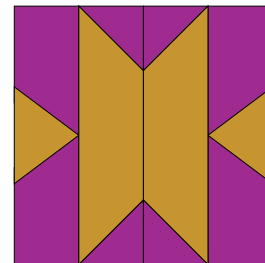


Diagram 3

5. Sew a White  $2\frac{1}{2}''$  square on each side of each Cobalt and Lipstick  $2\frac{1}{2}''$  squares, making 12 units.
6. Sew a White  $1\frac{1}{2}'' \times 2\frac{1}{2}''$  piece on each side of each Cobalt and Lipstick  $4\frac{1}{2}'' \times 2\frac{1}{2}''$  rectangle, making 12 of these units. Sew these units to the units in the previous step, keeping like colors with like colors.
7. Now sew the Cobalt and Lipstick to its two-tiered match, like the blocks shown in Diagram 4. When complete, you will have six Lipstick and six Cobalt blocks that look like wedding cakes.

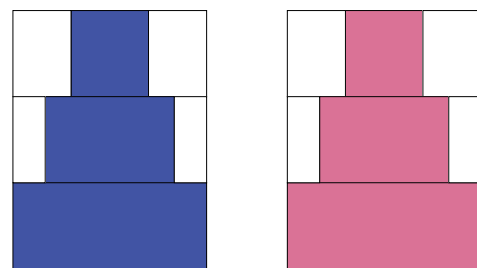


Diagram 4

8. Sew the rows together, alternating a Cobalt wedding cake with an upside down Lipstick wedding cake. Make two rows with six total blocks each. This will complete rows 2 and 8.
9. Draw a diagonal pencil line on the back of each Luna square. Place a Luna square on a Lava square, right sides together. Sew a quarter-inch seam allowance on each side of the line.

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10. Cut on the line with your rotary cutter, and press your seam to the Lava. You have now created two half-square triangles. Do this same process for the remainder of the squares.
11. Sew 12 half-square triangles in a row for row 3, all with the same orientation. Repeat for row 7.
12. Using a  $\frac{1}{4}$ " seam, sew the triangles lining up the sides and cut-out notches. You should alternate white and Plum to make a row 26 triangles long. Press seam allowance to the Plum fabric.
13. Trim the strip to measure  $36\frac{1}{2}$ ". Repeat this process so that you have two strips. This will complete rows 4 and 6.

## Appliquéd Arrow Row

1. Press fusible webbing on the back side of the Lipstick fabric. Trace Template 2 on the webbing. With Scissors, cut out six arrows  
Optional: Or use attached [.SVG file](#) and cut out six arrows using the Artistic Edge digital cutter.
2. Using a pencil, draw a diagonal line on the wrong side of the Sailor fabric. Place a Sailor square on a cobalt square, right sides together. Sew a quarter-inch seam allowance on each side of the line. Cut on the line with your rotary cutter, and press your seam to the cobalt. You have now created two half-square triangles. Do this same process for the remainder of the squares.
3. Using two half square triangles, sew them together to look like a cobalt flying geese block. Refer to Diagram 5.

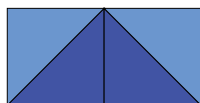


Diagram 5

4. Press the Lipstick arrow onto the  $6\frac{1}{2}$ " x  $10\frac{1}{2}$ " Avocado block.
5. Attach Satin Stitch foot F. Thread machine with pink embroidery thread.
6. Using a blanket or appliqué stitch of your choice, sew around the edge of the arrow.  
Optional: If you have an embroidery machine, use the attached [.JEF file](#) and applique the arrow in the hoop. First a placement stitch will be embroidered. Then, you will place the arrow on the fabric in the embroidery hoop. Press Start again and the machine will appliqué the arrow in place.
7. After all the arrows are appliquéd, sew the flying geese to one end of the arrow. Three blocks will have the flying geese block at the top of the block, and three will be at the bottom.
8. Sew the row of arrows together by alternating the blocks based on the orientation of the flying geese block attached to the arrow.

## Finishing your Quilt

1. Refer to the finished picture of the quilt to place the rows in the correct order. Pin the rows together before sewing. This will help ensure that your finished quilt top will lie flat.
2. Quilt as desired and bind using  $2\frac{1}{2}$ " strips of Lagoon.

# Navajo Sampler - Templates

