



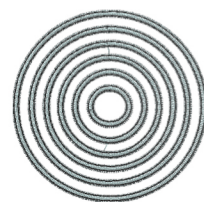
Tabletop Zen

Featuring Lonni Rossi's New *Geishas & Ginkgos Embroidery Collection* for Janome



Simplicity equals beauty and contentment. Adding these asian-inspired embroidered crests make even the most humble of everyday things special and beautiful. Pretty placemats and a reversible table runner become the focal point of any tablescape at any time of day.

In Lonni Rossi's "Geishas & Ginkgos" Embroidery Collection there are sixteen different designs in two sizes: Large 4" and Small 2" diameter. Directions are on the following pages.



www.LonniRossi.com

Tabletop Zen

DIRECTIONS

Table Runner and Placemats



21" x 63"
Finished
Table Runner

12" x 20"
Finished
Placemats

Lonni used her Asian-inspired collection of crest motifs entitled "Geishas & Ginkgos" for this project. It is one of a three-part collection consisting of fabrics, threads and embroideries inspired by Japanese "mon" or family crests.

The embroidery group contains 16 designs in two sizes: a 2" diameter group and a 4" diameter group. Everything shown here was stitched out on the **Janome Horizon Memory Craft 15000**.

Lonni's fabric group with the same name is on Cotton Chambray, which is used in making this project. There are also two thread boxes for Aurifil Threads with the title "Geishas & Ginkgos."

MATERIALS NEEDED

Fabric:

Lonni used her fabric pattern # 7974-MR from the "Geishas & Ginkgos" Chambray group (gold ginkgo branches on burgundy) and Andover's Solid Chambray counterpart in burgundy as well.

To make the Runner and Placemats you'll need this:

1½ yards-- Gold & Burgundy Print # 7974-MR

2 yards-- Solid Burgundy fabric

1½ yards-- Linen or Chambray in Cream

Embroidery Thread:

Choose three colors of thread to go with your chosen fabric colors. Lonni used Superior Threads' #100 Kimono Silk in three colors:

Rust #314, Green Grey #378 and Blue Grey #379

Quilting Thread:

Aurifil 50/2 in Cream #2310 and Burgundy #4030

Quilt Batting:

Use the thinnest batting you can find, or use Flannel instead for a lighter finish. You'll need a piece 65" x 24" for the runner and two pieces 14" x 22" for the placemats.

First do the embroidery!

Choose three of the 4" crests for the project. Lonni used design #1, #9 and #11 on the table runner, and design #1 on the placemats. One of these crests will also be used on the two placemats as well and you should do all the embroidery at the same time.

Cut out 11 pieces of the solid burgundy fabric:

-cut 9 squares that are at least 15" square before hooping. (for the runner)

-cut 2 rectangles that are at least 12" x 19" before hooping (placemats)

Doing the Table Runner Embroidery

On the Solid Burgundy fabric, stitch out three each of three different 4" circular motifs – there are nine all together for the table-runner. When hooping the fabric, be sure that the design is perfectly centered inside the 15" fabric square. Arrange the completed embroidered squares into three sets of three.

Placemat Embroidery

As stated above, cut 2 rectangles that are at least 12" x 19" for the placemats. When hooping the fabric, position the #1 design closer to one end of the fabric, giving yourself at least 5" of blank fabric at one end and 10" at the other end. Stitch out two to use for the placemats, and set aside.

FRONT SIDE ASSEMBLY

Table Runner Center Panel:

Trim three different designs of the completed embroidered fabric pieces into 8" squares making sure the 4" diameter crests are centered perfectly within the 8" square. Sew the three different crest squares together with a 1/2" seam allowance. Cut two pieces of solid Burgundy fabric 8" x 15". Sew one to each end of the embroidery set. (it should measure 8" x 50")

Cutting and Attaching the Side Panels:

From the light color (or contrasting) fabric, cut 2 pieces at 8" x 50". With a 1/2" seam allowance, sew one light color fabric strip to each side of the center panel with the embroideries.

Cutting and Attaching the End Panels

From the gold /burgundy print fabric, cut two pieces at 8" x 22". Sew these to either end of the center panel. Cut out quilt batting piece to 24" x 65" and iron flat. Lay sewn front piece on top of the batting and iron flat. Pin-baste the top to the batting.



Quilting

Using black or burgundy thread, and a walking foot, stitch-in-the-ditch/quilt the horizontal and vertical straight lines. Free-motion quilt the outlines of the Ginkgo gold/burgundy print fabric on the ends of the Runner. Square up the Runner top and batting and trim to 22" x 64"; set aside while you make the back piece.

RUNNER BACK ASSEMBLY

Table Runner Center Panel:

Cut a piece of the gold ginkgo and burgundy print fabric 8" x 50" to use as the center panel.

Cutting and Attaching the Side Panels:

From light color fabric, cut 2 pieces at 8" x 50". With 1/2" seam allowance, sew one light color fabric strip to each side of the center panel of print fabric.

Cutting and Attaching the End Panels:

Trim the six remaining completed embroidered fabric pieces into 8" squares making sure the 4" diameter crests are centered perfectly within the 8" square. Sew three different crest squares together with a 1/2" seam allowance to make two sets. Sew one set to either end of the center panel.

Sewing FRONT and BACK together:

Trim the back piece so that it is squared up and measures the same size as the front/batting piece (22" x 64"). Lay the finished back piece face down on top of the front/batting piece. Keep checking to make certain that the center panels line up perfectly on the horizontal using a pin through the whole piece. Once you are sure its all lined up, pin-baste all around the edges and in the center. Using a 5/8" seam allowance, sew all around the perimeter, leaving at least a 12" opening to "turn" the runner. Clip the corners on the diagonal. Turn the runner inside out and point the corners. Press the whole thing nice and flat with a warm steam (not hot) iron. Hand-sew the opening closed with small stitches.

Quilting and finishing

Using black or burgundy thread, and a walking foot, stitch-in-the-ditch/quilt the horizontal lines along the edge of the center panel.

Then switch to the light colored cream thread. Stitch straight-line "channel" quilting lines on the long light-colored panels 5/8" apart, all the way out to the edges, on both sides of the center panel.

MAKING THE PLACEMATS /Placemat Embroidery

Cut 2 rectangles that are at least 12" x 19" from the Solid Burgundy Chambray for the placemats. When hooping the fabric, position the #1 design closer to one end of the fabric, giving yourself at least 5" of blank fabric at one end and 10" at the other end. Stitch out two of design #1 in three colors to use.

Making the Front

Trim the completed embroidered fabric pieces to 8" wide x 13 1/2" deep. To position the circular design correctly it should have 2" of blank fabric on the left and right, 2" at the bottom and 8 1/4" at the top. From the light color fabric, cut 2 pieces at 15" wide x 13 1/2" deep. Sew the burgundy fabric with the embroidery on it, to the linen fabric on the 13 1/2" side. The resulting piece should now measure 21 1/2" wide x 13 1/2" deep.

Back of Placemat

Cut two pieces of gold & burgundy print fabric at 21 1/2" wide x 13 1/2" deep.

Quilting and Finishing

Cut 2 pieces of thin quilt batting or flannel to 22" wide x 14" deep. Lay the front of one placemat on top of the batting. Trim both together to 21 1/2" wide x 13 1/2" deep. Lay the backing fabric piece on top, right side down, and iron it flat. Check to make certain that everything lines up perfectly. Once you are sure its all lined up, pin-baste all around the edges and in the center. Using a 1/2" seam allowance, sew all around the perimeter, leaving at least a 4" opening to "turn" the placemat. Clip the four corners on the diagonal. Turn inside out and point the corners. Press the whole thing nice and flat with a warm steam (not hot) iron, making sure to tuck in the seam allowances from the opening. This will get sewn together later when you do the finishing.

Put the walking foot on your machine. Stitch in-the-ditch between the dark and light fabric sections. With black or burgundy thread, stitch a rectangle a 1/2" inside the burgundy side. Change thread to cream, and channel quilt the light fabric side, with lines 5/8" apart all the way to the edge. Finally, stitch as close as possible to the outside edge of the entire placemat. Repeat to make the second one. Enjoy your Zen Tablescape with friends and your favorite Sushi!

Finished Placemat: 12" x 20"