

# Zakka Inspired Embroidered bookmarks

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In our home the summertime brings an enjoyment of coming back to reading. We like to participate in summer reading programs at our local library. I felt inspired to combine an idea of making bookmarks with the lovely decorative stitches included with the Skyline S7 sewing machine. You can make bookmarks as gifts to share or make some just for you to enjoy. The directions will share how to make the "Make Do and Mend" bookmark but note extra tips and alternate versions mentioned below the directions.

Skill Level: Beginner

Sewing Time: 20 minutes

## Supplies:

2 pieces of 1" wide cream tone cotton twill tape, cut into 7" lengths

Contrast Sewing Thread, Gutermann All Purpose Thread, Color 115 - Rail Grey

Matching Gutermann All Purpose Thread, Color 22 - Eggshell

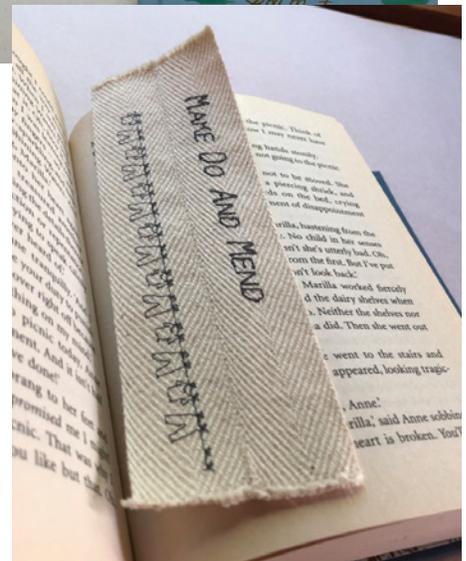
90/12 Universal Sewing Machine Needle

Seam Ripper

Scissors

Heat sensitive or water soluble fabric marking pen

Ruler Place contrast thread (Rail Grey) in the bobbin and spool pin.



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## Graphic:

1. Place contrast thread (Rail Grey) in the bobbin and spool pin.
2. With the fabric marking pen and ruler, mark 1" below the top of the twill tape.
3. Select the clothesline image (Image #10-Pictograph section) in the decorative stitch section of the software.
4. Starting at the 1" marked line, place the Zigzag foot A in place to stitch (centered on the twill tape).
5. Sew the twill tape with the clothesline graphic along the length of the bookmark.



## Text:

1. Repeat steps 1 and 2 from the Graphic section above.
2. Select the Pictograph Section, Block 9mm text option within the software.
3. Type in the following Text on the sewing machine screen: "Make Do and Mend" (using the largest dotted square in between each word, for spacing).
4. Starting at the 1" line, place the Zigzag foot A in place to stitch (centered on the twill tape).
5. Sew the twill tape with the text along the length of the bookmark.



## Finish the Edges:

1. Place the matching, eggshell toned sewing thread in the bobbin and spool pin.
2. Select the zigzag stitch, stitch number 8 on the home screen. Change the width and length to both be 1.5.
3. Sew along the top and bottom of each of the four edges to finish the edges.

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## Assembly:

1. Continue using the eggshell toned thread in the sewing machine.
2. Continue using the zig zag stitch but modify the width to 3.0 and the length to 2.5.
3. Place the Graphic bookmark next to the Text bookmark, centered under the sewing machine foot.
4. Slowly stitch the zig zag stitch along the center, stitching both pieces of twill tape together into one bookmark. Stitch a forward and backward stitch at the beginning and end of the seam.
5. Trim threads and iron to finish.

## Tips:

- You may need to adjust the thread tension in your sewing machine for this project. I adjusted the balanced thread and bobbin tension to 3.2 for this project (see the image below for reference).
- The following are the decorative stitch numbers used for the alternate projects shown in the sample images:
  - Home Sweet Home: Decorative Stitch 09 in the Pictograph section and Block Text 9mm.
  - Handmade: Decorative stitch 07 in the Play section.
- When starting embroidery stitches, hold the top thread back behind the sewing machine foot. This will help make snipping off this thread easier when the sewing is complete (preventing the thread from getting tangled in the embroidery stitches).
- When sewing the bookmark, keep the sewing machine foot in the center of the twill tape.
- For the text, I used the Block 9mm text. I used the large text for upper case letters and small text for lowercase.
- Use a seam ripper and scissors to remove the threads in between the text.



- If you'd like a larger fringe for the bookmark, sew the zig zag stitch further away from the edge and pull the thread along the edge.
- Feel free to come up with your own versions of these bookmarks with the many different decorative stitches, thread colors, and text combinations.
- With the graphic stitches, decide at what point in the image that you want to stop the end of the stitches. You can watch how the image repeats and decide where you want to stop sewing with the foot pedal (or start/stop