



This project tutorial is for my Sweet Dreams Pillow pattern, featuring my Love Garden print from my [Garden Dreamer](#) fabric collection with Art Gallery Fabrics and a variety of [AGF Denim Studio](#) denims and linen. I used a raw edge reverse applique technique featuring Janome's satin stitch and my [Quick Quilt as You Go](#) method to create this beautiful throw pillow that's both fun and easy to make!

Janome Supplies Required:

- Horizon Memory Craft 15000 (or any Janome including the satin stitch option)

Fabric and materials required for a 12" x 24" pillow:

- 100% cotton batting - one piece measuring 12.5" x 24.5"
- Main fabric - 1yd Love Garden in Calm panel print (fussy cut one heart, centered, measuring 13" x 15")
- Center denim fabric - one piece measuring 13" x 15" (AGF Solid Smooth Denim in Cool Foliage)
- Two dark denim strips measuring 2" x 13" (AGF Solid Smooth Denim in Wicked Sky)
- Two linen strips measuring 3.5" x 13 (AGF Premium Linen Blend in Soft Sand)
- Backing fabrics - two pieces of heavy weight denim measuring 12.5" x 16" (AGF Crosshatch Textured Denim in Babbling Brook and Clouded Horizon)
- Binding fabric - 1/4yd denim cut into 3 strips 2.5" x WOF to yield 82" of binding (AGF Solid Smooth Denim in Cool Foliage)
- Pillow Insert measuring 12" x 24"
- quilt basting spray and/or sewing pins
- thread (Aurifil 50wt in Medium Juniper #2850 from my [Bohemian Garden Thread Set](#))
- rotary cutter/mat/ruler set



Cutting and assembling the pillow front:

1. Begin by fussy cutting a centered, single heart from the Love Garden panel print measuring 13" x 15" **2.** Use an iron to set a crease at the center of the heart **3.** Fold the fabric piece in half and cut away a heart shape leaving approximately a 1/2" of the solid fabric area surrounding the cut out heart shape, before the pattern of the fabric print begins as shown in the bottom right photo below



4. Open the fabric to reveal the full heart design cut from the fabric piece and press away the crease



5. Place the center denim fabric so that it's perfectly centered onto the rectangle cut of cotton batting 6. Use a quilt basting spray or sewing pins to baste the denim fabric piece to the cotton batting rectangle



7. With the straight stitch length set at 3.0 quilt the denim to the batting adding a new stitch line every 1/4"-1/2"



8. Continue until the entire piece of denim is quilted



9. Center the Love Garden fabric piece on top of the quilted denim and use basting spray or sewing pins to keep it's place



10. To stitch the heart design to the pillow top use the satin stitch on your Janome with coordinating thread. Simply stitch around the raw edge of the heart shape, working your way around the heart, staying close the edge, ensuring the top fabric gets firmly attached





11. Press well once the raw edge applique is finished and you're ready to add the remaining fabrics to the sides of the center design. Beginning with the darker denim, pin in place with right sides facing and sew a 1/4" from the edge line to attach **12.** Continue adding the linen piece the same way



13. With the straight stitch length set at 3.0 quilt the linen to the batting, adding a new stitch line every 1/4"-1/2", continuing until the entire piece of linen is quilted



14. Repeat the above steps to add the remaining denim and linen pieces to the pillow front and square up, trimming away excess fabrics, to measure 12.5" x 24.5"



Backing and binding the pillow:

15. Prepare the backing fabrics with a double seam or bound edge to one of the edges measuring 12.5" on each piece **16.** Place the pillow top wrong side up and place the backing pieces on top of it, as shown in the bottom right photo. The raw edges of the backing should line up with the raw edges of the pillow top. Folds should be in the middle.



17. Pin the layers together around the perimeter of the pillow **18.** Sew around the ENTIRE pillow using a 1/4" seam allowance. Reinforce the stitching several times where the backing pieces overlap **19.** Trim away any excess fabric around the edges



20. Add the binding to the pillow top sandwich by sewing a 1/4" seam along the raw edge side of the binding and the pillow top, make sure to miter each corner just as you would when binding a quilt



21. Fold and use an iron to press the binding edge over to the back side of the pillow. If needed use pins to secure in place **22.** using a bobbin thread that matches the binding and top thread that matches the pillow front, stitch in the ditch along the binding seam line from the pillow FRONT side, catching the outer edge of the binding on the back side of the pillow, removing pins as you go, working your way around until all of the sides are finished





Carefully insert the pillow form and Voila!! Your pretty Sweet Dreams Pillow is finished!



