

Embroidered Peplum Pullover

By Trish McLaughlin



“I don’t know about you, but winter always makes me want to cuddle up. Even when I have to go out and look decent, I would rather just throw on a sweatshirt and be done with it. My boyfriend and I have been going out more than usual this past year so I have been needing to find ways to bring the comfort along with me.” - Janome Maker Trish McLaughlin of Trish Stitched

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Supplies:

- Sweatshirt/sweater sewing pattern (Trish used Astoria by Seamwork because it is a cropped shirt, which you will need to add the peplum portion.)
- Knit fabric, something medium or heavy weight (Follow your pattern for specific amounts and materials. Trish used Ponte from Joann Fabrics.)
- Embroidery threads
- Stabilizers (No show cut away stabilizer and embroidery topping)
- Embroidery hoop



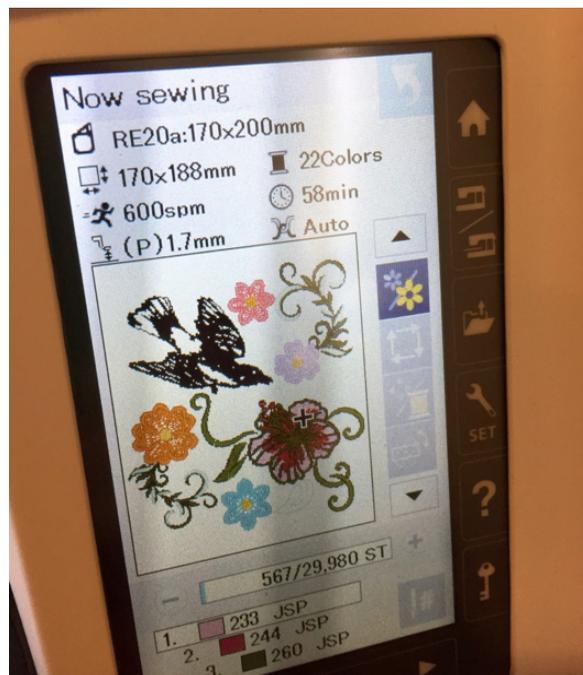
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Instructions:

1. Start by cutting out your pattern pieces from the fabric. Before sewing the shirt together, embroider the front bodice. Cut enough stabilizer to cover the entire front of the piece. You will sandwich your stabilizer and fabric like the below:

Bottom Layer - No Show Cut Away Stabilizer, Middle - Front Bodice Piece, Top - Embroidery Topping

2. On your embroidery screen, you can add multiple designs to the same screen. The editing mode on the machine allows you to rotate, duplicate and resize all designs. At this point, changing the hoop size to RE20a will allow you to embroider half of the bodice at once. By using the ruler guide on the hoop, you can play around with placement and size of designs. Trish used embroidery designs from Anna Maria Horner (Bird), Embroidery Lace Designs (Flower) and Combination Design (Swirling Stem). Trish only used four colors, so the shirt wouldn't be too overwhelmed with color. The tones give this sweatshirt a more sophisticated look. You can see Trish's left side bodice design below.



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Tip: Trish used a stretch needle when embroidering. She believes you can use a jersey needle as well, but she had better luck with the stretch.

3. After completing one side, duplicate on the other side. This is where your ruler guide will come in very handy to get an idea of where your embroidery will sit on the bodice.
4. After completing the embroidery, cut the bottom stabilizer and tear away the top. Also cut the threads. The embroidery topping dissolves with steam or water, making clean up a cinch!



Follow the pattern to attach the front and back bodice and add the sleeves.

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Adding the Peplum:

1. Try the top on and mark where you would like the peplum to start. Trish wanted hers to sit at her natural waist, which came to 14" from her shoulder. Measure the circumference of where the peplum will be sewn. My measurement was 33". To this length, you will want to add between 20-30", depending on how full you would like your peplum.
2. Next, measure how long you would like your top to be. To get this complete measurement, you will want to add in a seam and hem allowance (around 1 1/2").
3. Trish's peplum measurement came to 57" x 12".



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4. Using the gathering setting on your Skyline S9, gather the length of your peplum piece down to your bodice waist measurement (on Trish's, from 57" x 33"). Make sure your gathering is pretty even - you don't want it to look too full in one section and not another! Sew the ends of the peplum together with a 1/2" seam allowance, right sides together.
5. Attach the peplum to the bottom of the bodice, right sides together. Hem the bottom and you are done! You now have an awesome, comfy and stylish top! Trish wore her pullover to do a few errands the other day and she felt warm and chic!



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